

USER MANUAL

Aesthetic device for body shaping

BeautyRelax BR-2720

CELLUFORM ULTIMATE



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A WORD OF INTRODUCTION

Dear customer, thank you for your trust in purchasing our product. Please read all the detailed information in the instruction manual carefully before using it for the first time. Please pay particular attention to the warnings and safety notices. Use the appliance exactly as instructed. All of these steps will help to maximize the use of all the functions of the instrument and protect everyone's health. In this manual we will try to give you the best possible idea of the technology used and how to use the instrument to best advantage.

Please do not take any of the instructions in this manual lightly. Aesthetic device for non-invasive treatment of selected body parts works with technologies that are painless and safe. The device has undergone a long development process and meets all statutory safety standards in terms of safety. In order to effectively stimulate the subcutaneous fat tissue, the device works with a certain power. If you do not follow the instructions given, do not honor the warnings and the list of contraindications, you can negatively affect your health in the extreme case. On the other hand, do not be afraid of using the device. The design, features and technology are adapted for use in home conditions without the supervision of a knowledgeable health care professional.

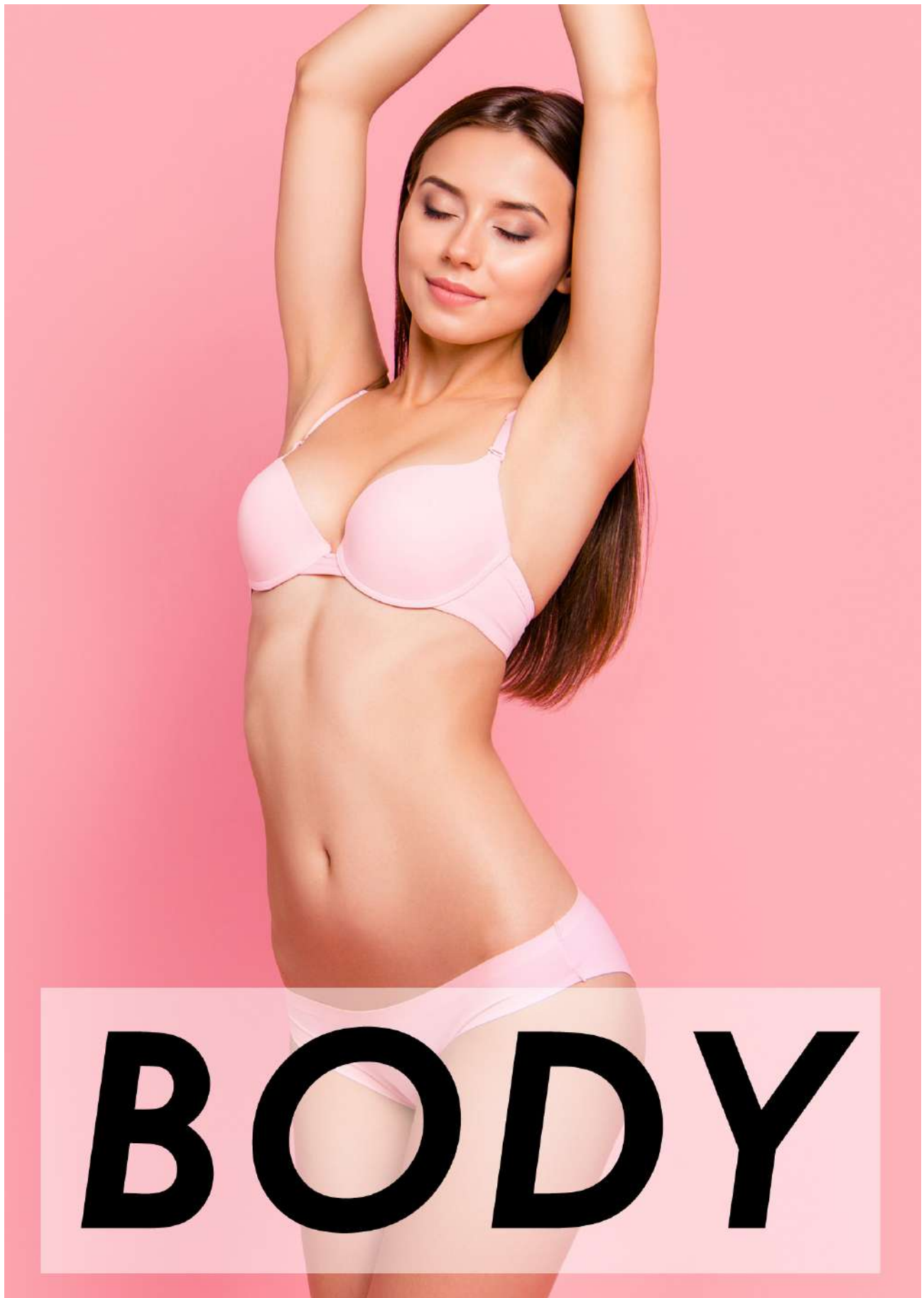
Introductory important information related to the device and its use:

- The BeautyRelax aesthetic device belongs to the category of massage/aesthetic devices. It is not a medical device. **It does not serve to treat obesity or other related limitations.** It offers technologies that, when used under specific conditions, assist in reducing subcutaneous fat and improving skin elasticity.
- The BeautyRelax aesthetic device provides a non-invasive treatment. In practice, this means that no part of the application head physically penetrates under the skin.
- Non-invasive use is a prerequisite for the use of the device in home conditions by the average user. Operation of the device does not require the supervision of an erudite trained medical or cosmetic aesthetics professional.
- The BeautyRelax aesthetic device is certified and meets all the standards required for a device of this kind. The safety of the adapter and all electronic components is ensured.
- The treatment is always combined with a clear conductive gel (sonogel). It can be purchased at any pharmacy or health supply store. It costs a few tens of crowns. Definitely the cheapest is enough. The more expensive the better. The main purpose of applying gel to the skin is to increase the conductivity. The technology of the device will get a better ability to bind to the skin. Be sure not to skimp with the amount of gel on your skin. It is an important component for the quality execution of the skin treatment.
- It is definitely not true that the more frequent the use of the device, the faster the results. Give your body enough time to process the energy that is released by using the machine. This will make a significant contribution to protecting your health.
- If you are unsure about anything, if you are unsure at any stage of using the device, please do not hesitate to contact us.

Keep the instructions for use carefully for later reference.

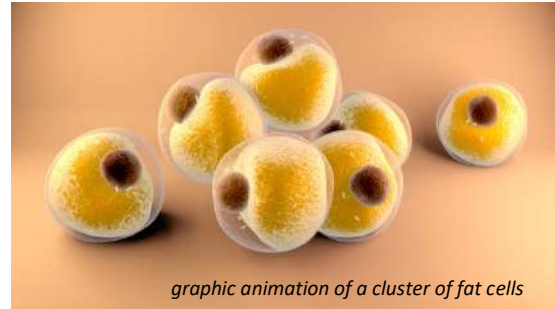
We wish the device to serve you well and meet the expectations you had before buying it.

BeautyRelax.cz team

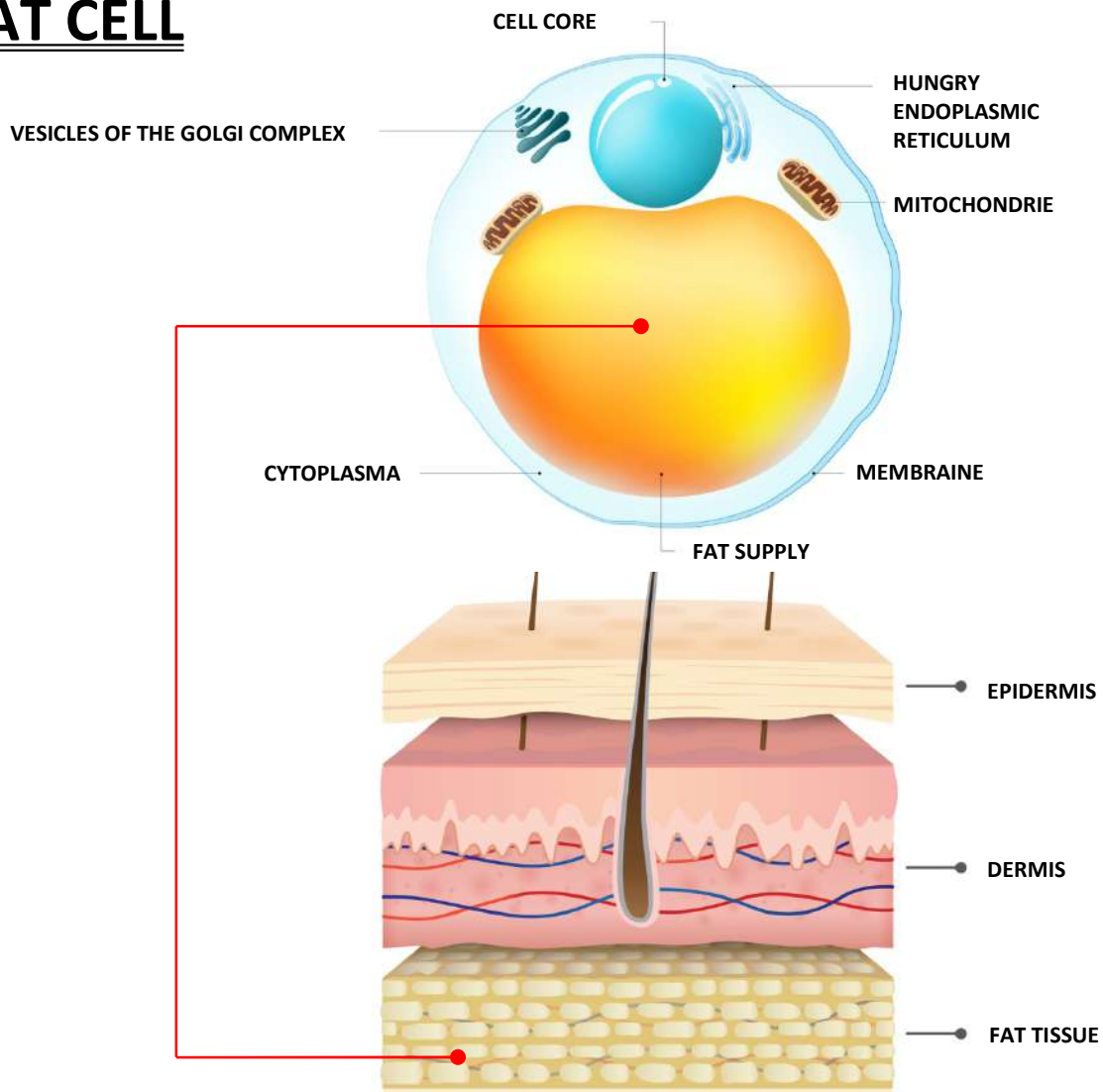


PROBLEMS OF ADIPOSE TISSUE

Fat cells are among the largest cells found in the human body. Their main purpose is to create a supply of energy. In addition to storing energy, white adipose tissue also serves as thermal insulation and protection for internal organs. Adipose tissue is most commonly found in the subcutaneous tissue. Adipose tissue is one of the connective tissues. One of the important properties of adipose tissue is the accumulation of fat actively formed from carbohydrates and fatty acids in the cells. The process of fat storage and breakdown is controlled hormonally and by nervous stimuli. White adipose tissue is composed of **fat cells** with large fat droplets surrounded by a ring of cytoplasm (fat vacuole). The nucleus is located at the periphery of the cell. The stored fat is semi-liquid in consistency and consists mainly of triacylglycerols and cholesterol esters. In lean individuals, it occupies about 20% of body weight, but in obese individuals it can make up to 50% of total weight.



FAT CELL



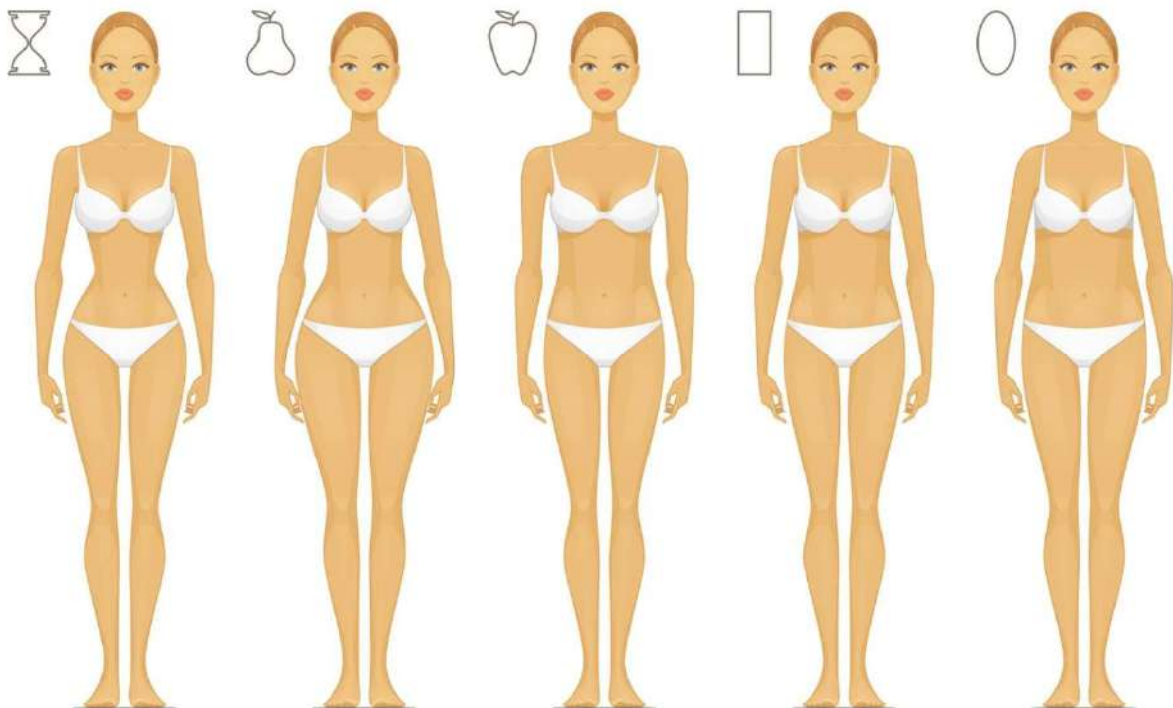
ULTRASOUND & RADIOFREQUENCY

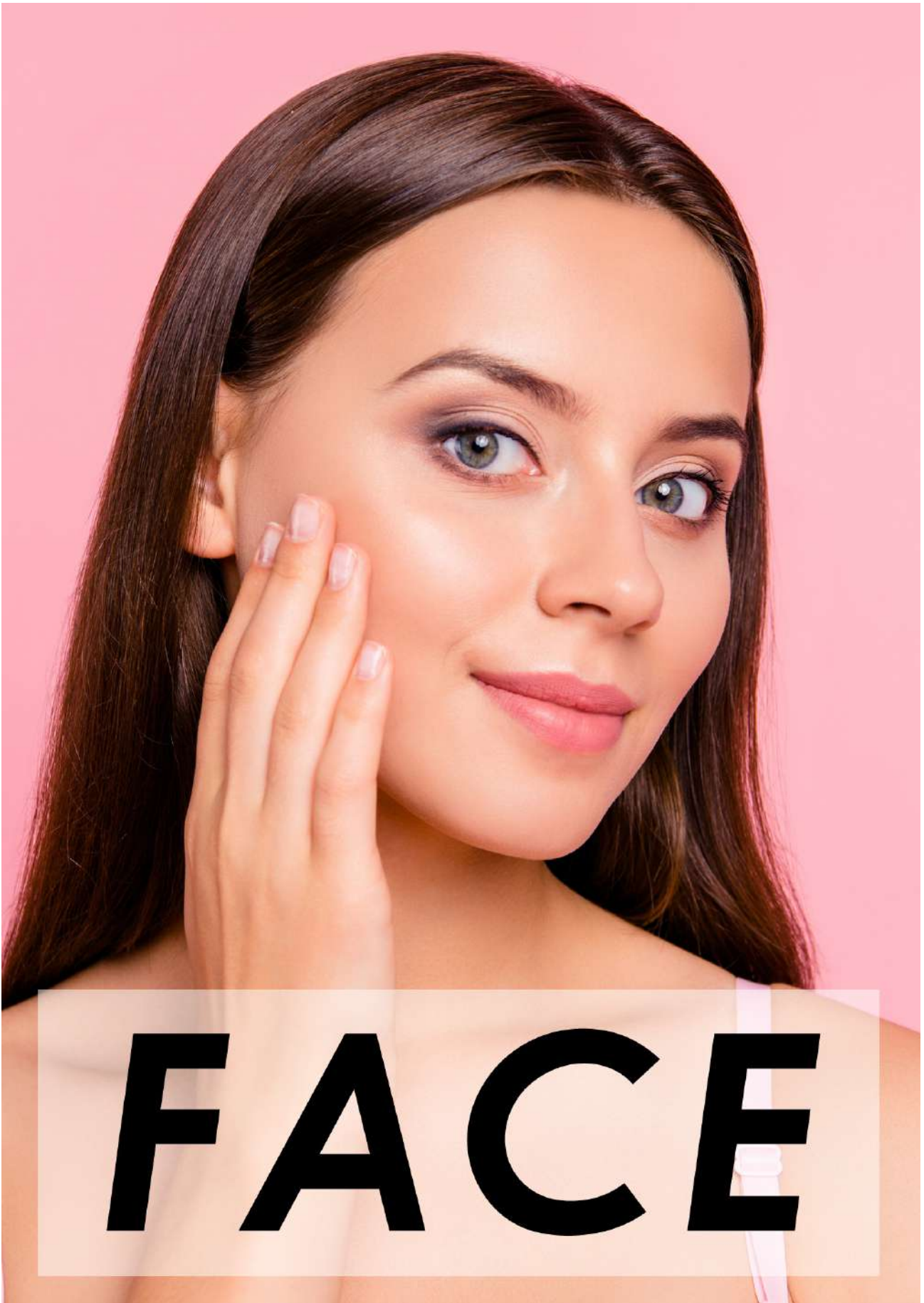
The main purpose of using aesthetic devices is to directly target the fat cells that accumulate in the adipose tissue. The **BeautyRelax Celluform Ultimate** aesthetic device combines two modern technologies - **RF radiofrequency waves** and innovative **HIFU ultrasound waves**. The dual treatment is an optimal combination of fat cell stimulation. The precisely targeted radiofrequency energy produces a thermal effect. Cellular metabolism is accelerated. The structure of some fat cells is disrupted. This is followed by a breakdown into individual particles. The effect of the body shaping is to reduce the amount of fat cells and reduce their volume. Under the action of ultrasound waves, triglycerides are broken down into fatty acids and glycerol. Glycerol is water soluble and is thus easily absorbed into the circulatory system. The fatty acids are processed by the liver in a way that is natural and intrinsic to the body.



FOR ALL CHARACTER TYPES

The BeautyRelax is suitable for all body types. For both men and women. Whatever the predisposition for greater fat deposition on any part. Exceptions are people who are subject to any of the conditions listed in the list of contraindications.





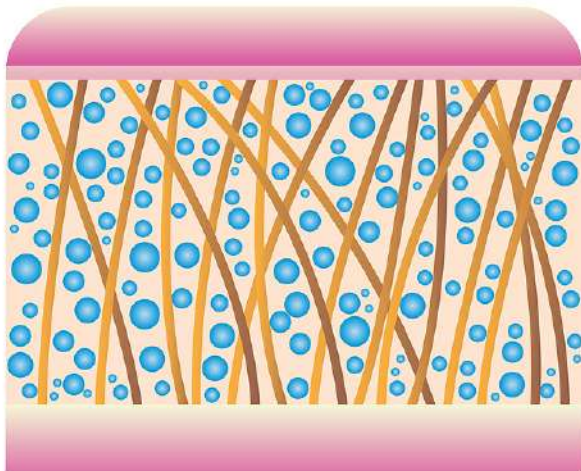
THE PROBLEM OF WRINKLES

The process of wrinkle formation is a natural phenomenon. It is a consequence of skin aging. Over time, it loses its elasticity. Cell renewal slows down, resulting in an inability to produce sufficient quantities of quality collagen. As a result of **reduced collagen production**, the skin develops lines that the body is unable to compensate for without help. The wrinkling of the skin gradually penetrates into the dermis layer - the dermis (the supporting tissue of the skin). The result is skin with a large number of deep and prominent wrinkles. Wrinkles can be divided into two basic groups. **Dynamic wrinkles**, which are caused by contraction (contraction of muscles). They begin to appear around the age of 35. **Static wrinkles** are the result of sagging of the lower layer of the skin and low collagen production. Static wrinkles begin to appear around the age of 40.



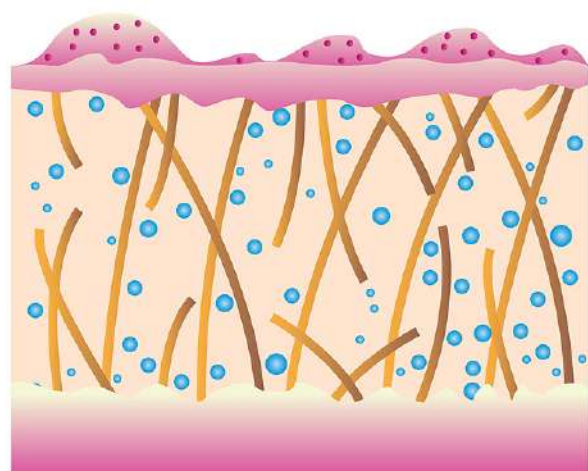
METHODS OF WRINKLE REDUCTION

Wrinkle removal options are divided into two basic groups: **invasive** and **non-invasive**. The invasive method includes all kinds of surgical procedures where a scalpel or injections are used. The doctor's instrument physically passes over the surface of the skin. Non-invasive methods include a variety of cosmetic products, creams, gels, oils and serums. Another option is instrumental skin treatments using selected technologies designed to actively stimulate natural collagen production and strengthen elastic fibers. **Radiofrequency** technology is experiencing a great boom in the field of aesthetics. It achieves the best ratio of **gentleness** and **effectiveness**.



**TIGHTENED SKIN WITHOUT
WRINKLES**

SUFFICIENT COLLAGEN



**SAGGING SKIN WITH
WRINKLES**

LOW AMOUNT OF COLLAGEN

NOTICE

- Read this manual before first use, review all illustrations and keep the manual for future reference.
- If your skin is affected by a serious skin condition, do not use the device. If you are unsure whether your medical condition is consistent with the conditions for use of the device, consult your general practitioner for suitability.
- The device is primarily intended for your personal use. Do not share it with family members or friends. If more than one person is using the device, special attention should be paid to hygiene.
- If the device is damaged, does not work properly or has fallen into the water, never put it into operation.
- If the unit is broken, do not touch the internal parts to avoid electric shock.
- If the device falls to the ground, it may be damaged. In this case, do not continue to use the instrument and contact the dealer's service department.
- Do not use the device near water or in places with increased humidity (bath, shower, swimming pool, etc.).
- The device is not washable. It must not be immersed in water or under a stream of running water.
- Do not leave the device unattended. Always switch off the appliance thoroughly after each use.
- If the device has been moved from a very cold to a very warm environment, wait at least 3 hours before using it.
- The appliance is not intended for use by children or persons whose physical or mental condition does not permit the safe use of the appliance.
- Do not place or use the device on hot heat sources (radiator, stove, fire, etc.)
- Do not attempt to disassemble or repair the device yourself.
- Store the device in a dry environment. Try to keep it protected from dust.
- Do not expose the device to direct sunlight.
- The distributor is not liable for damages caused by improper use contrary to the instructions in this manual. It is not responsible for consequences caused by failure to observe the safety warnings.
- The distributor is not liable for any damage to health or property caused by other uses.



USING SONOGEL

Use is always combined with a clear conductive gel (not included). The application gel, called SONOGEL, can be purchased at any medical supply store (can also be purchased at a pharmacy). The gel is very important for the use of the device. It forms a necessary bonding layer between the applicator and the skin. It is water-based. It cannot harm the applicator head. Be sure not to use it sparingly when using the device. The use of an applicator gel is essential. Radiofrequency, EMS pulses and HIFU ultrasound can bond to the skin



better. Do not use any other cosmetic products in combination with the device.

CONTRAINDICATIONS

Under no circumstances should the device be used by persons affected by any of these conditions:

- Cancer, epilepsy, diabetes, viral diseases
- In a state of high fever
- Serious kidney or liver disease
- High cholesterol
- Skin diseases
- Fatigue syndrome
- Heart disease, pacemaker, hypertension
- Metal implants in the body (only applicable to the device's area of use)
- Vascular disorders or arteriosclerosis
- Pregnancy
- Persons taking anti-clotting medication
- Patients who have undergone surgery with transplantation
- Persons who require constant supervision may use the device only after consulting a physician



PROHIBITED AREAS OF TREATMENT

- Thyroid area
- The area where the heart is
- Armpits
- Elbow
- Wrist
- Ankle
- Palms
- Feet
- Knee area
- Spine



PERMITTED TREATMENT AREAS

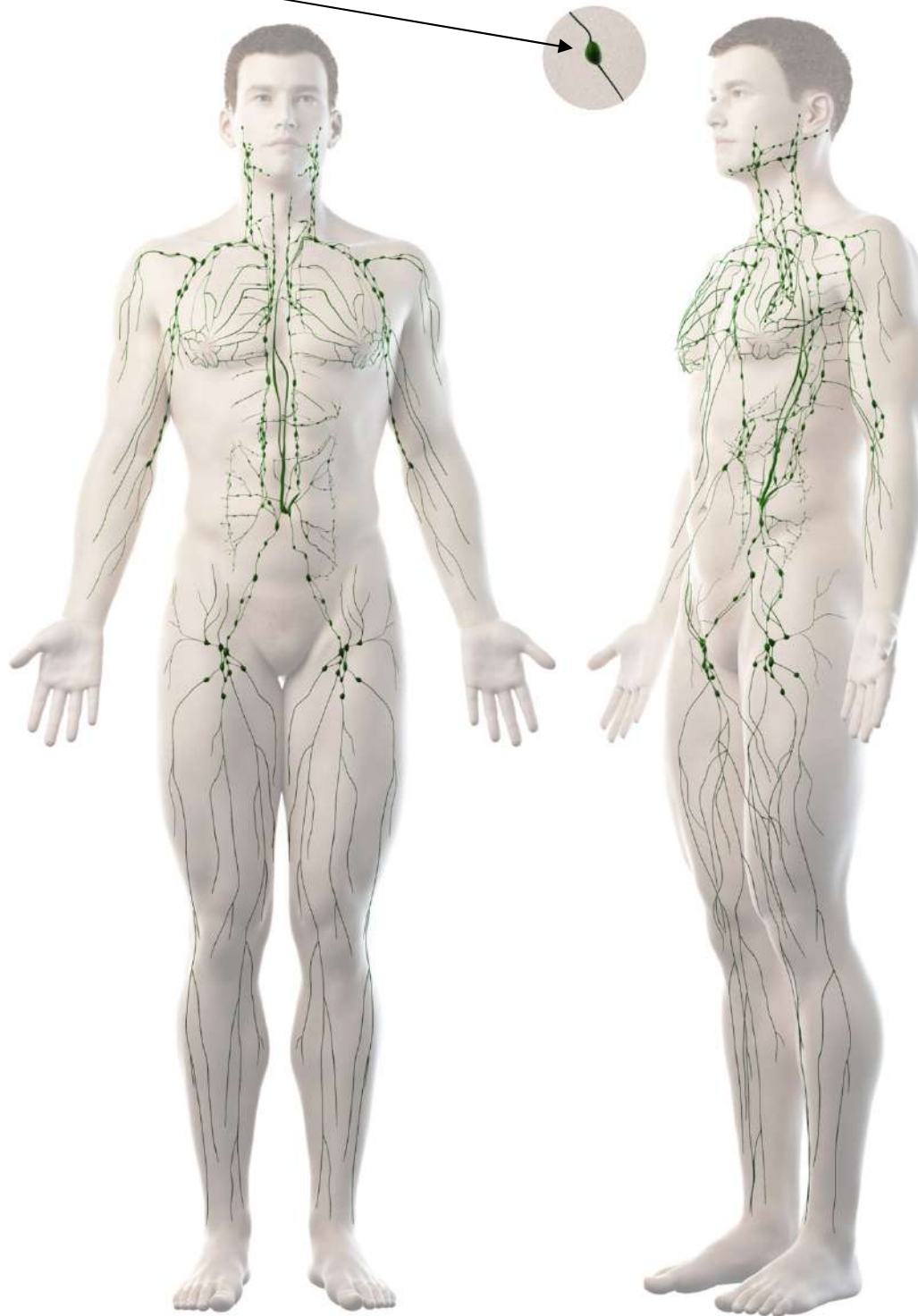
- Face
- Chin
- Forearms
- Arms
- Belly
- Thighs
- Buttock
- Calves



Note: *the paired body area is considered as one part (right and left calf = one part)*

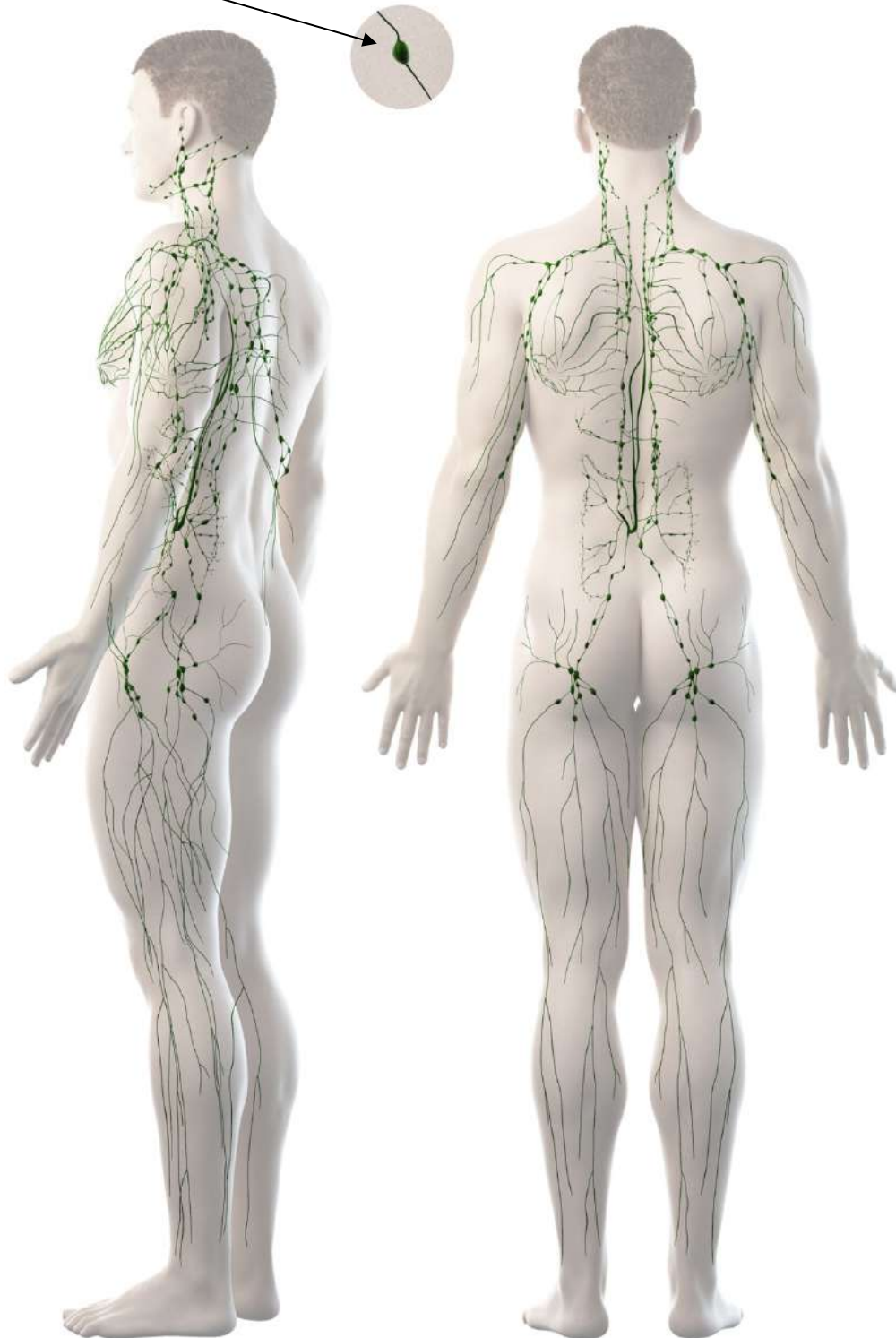
LYMPH NODES - HIFU ULTRASOUND

When using the **Beautyrelax** device, **try to avoid** these areas of the lymph nodes. A light touch does not matter. Constant stimulation of these nodes is not recommended. The nodes are shown **with large green dots**:



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INTRODUCTION OF THE DEVICE

TECHNOLOGY

Popular technologies from the field of non-invasive aesthetics in a small compact design. Introducing the absolute novelty in the personal care category, the **BeautyRelax Celluform Ultimate**. It uses technologies comparable to large devices in aesthetic studios. The main function of the **BeautyRelax Celluform Ultimate** is targeted body shaping with a focus on reducing subcutaneous fat. It works on fat tissue with HIFU ultrasound waves, RF radiofrequency, EMS electric micropulses and red photon light thanks to a multifunctional application head. The unique curvature of the device makes it easy to treat even hard-to-reach areas. Use professional technology in the comfort of your home!

RADIO FREQUENCY [RF]

Radiofrequency waves have become very popular in the field of aesthetics over the last few years. Its main advantages include a high degree of gentleness and effectiveness. The applicator, when applied to the area to be treated, releases energy with a completely specific frequency and power range. In the BeautyRelax Celluform Ultimate model, the radiofrequency is tuned to a frequency of 2MHz. The radiofrequency waves are optimized to cause a thermal gradient that significantly affects processes in the dermis and adipose tissue layer. The energy delivered activates the remodeling of elastic fibers and the promotion of collagen formation. The maximum possible targeting of energy even in areas with a more pronounced fat layer and the subsequent excitation of metabolic processes has a significant impact on the very effective smoothing of sagging and deformed contours. At the same time, radiofrequency actively stimulates fat cells in order to release energy, which is then processed by the body in a natural way. The cells change their size and thus the size of the fat tissue is reduced. This process can be achieved by regular use under the conditions described in this manual. The effect of radiofrequency is a sensation of heat. However, this is not heat that would heat up your skin with the application head, which would heat up. You can feel the heat on the surface of your skin, but it penetrates further into the dermis layer and on to the fatty tissue. The heat causes radiofrequency waves. Radiofrequency therefore has two basic key properties - active stimulation of the adipose tissue and increased skin elasticity.



ULTRASONIC WAVES [HIFU]

Thanks to its properties, ultrasound waves have found a permanent place in the field of aesthetics. Ultrasound wave devices can effectively clean the face or actively stimulate fat tissue. At different frequencies, they achieve different properties. The ultrasound frequency is tuned to 3MHz on the Celluform Ultimate. However, it is one of the first to offer a completely innovative ultrasound wave treatment in the form of an increase in concentrated current. The area that generates the ultrasound waves is smaller compared to devices of a similar type. The increased concentration contributes to maximum targeting of adipose tissue. The use of a HIFU-type ultrasound wave device results in more effective stimulation of fat cells.



[EMS]

The contact surfaces of the beads located on the application head of the device transmit fine electrical micropulses that penetrate through the upper part of the skin directly to the muscles. The power and frequency of the electrical pulses are specially adjusted to allow for an effective yet painless skin treatment. Muscles are contracted and thus strengthened. Collagen and elastic fibres are mechanically stimulated. You will achieve an improvement in skin texture, skin tone and an increase in elasticity. The accompanying effect of EMS technology is a tingling sensation on the skin.



[RED LIGHT [630NM]]

Light is simply the visible part of electromagnetic radiation of different frequencies. It reaches different wavelengths in the interval 390 to 760nm (nanometres). The human eye is capable of perceiving light with wavelengths ranging from 400 to 800nm. In photon therapy, light enters the body as a stream of energy in the form of photons. It is scientifically proven that different wavelengths of light result in specific skin care effects. Studies have verified real positive therapeutic benefits for living tissues and organisms at the cellular level.



Inflammatory diseases can occur as a result of illness, injury or stress. Light therapy stimulates the healing power of cells in a natural way. Light can enter the interior of the cell non-invasively and painlessly. Light activates photoreceptors in the cells. Photon therapy causes no side effects or damage to the body. Due to its positive effects, it has gained popularity not only in the field of dermatology, but also in the segment of cosmetic skin treatment.

REAL POSITIVE BENEFITS FOR LIVING TISSUES AND ORGANISMS AT THE CELLULAR LEVEL

- Photon light can enter the interior of the cell non-invasively and painlessly.
- Light activates photoreceptors in cells.
- Light therapy stimulates the healing power of cells in a natural way.
- Photon therapy does not cause any side effects or damage to the body.
- It addresses inflammatory diseases due to illness, injury or stress.

Red light:

- promotes natural collagen production
- improvement of blood circulation in the subcutaneous tissue
- prevents pigment formation

MAIN ADVANTAGES

- 4 advanced modern technologies most commonly used in aesthetic salons
- The device is designed for use on the face and selected parts of the body
- Compact size and light weight for easy self-treatment
- Non-invasive use (no part of the device penetrates the skin surface)
- The treatment is as gentle to your body as possible
- Safe to use in home conditions
- Without any side effects

WHAT YOU CAN EXPECT

- An effective tool in the fight against problematic parts of your body
- Active targeting of selected areas with a higher incidence of adipose tissue
- Significant improvement in skin elasticity
- Intensive support for the formation of its own collagen
- Remodelling of elastic fibres

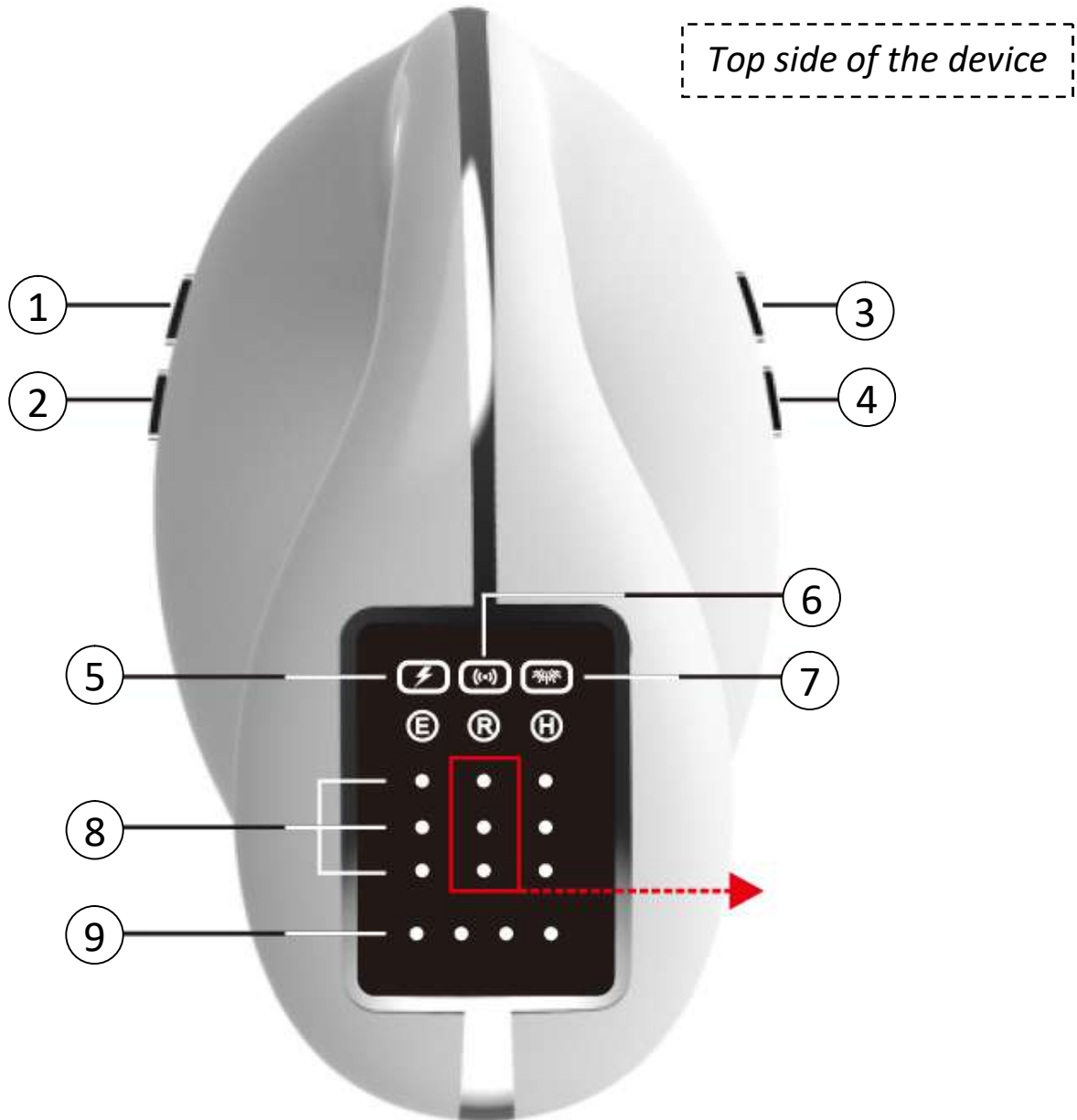
TECHNICAL PARAMETERS

- Technology: radiofrequency, ultrasound waves of HIFU category, EMS pulses, red light
- Intensity level adjustment: yes, 3 levels
- Ultrasound frequency: 3Mhz
- Radio frequency: 2Mhz
- EMS pulse frequency: 90Khz
- Red light with a wavelength of 625nm
- Timer: yes, 5 minutes for each program
- Power supply: built-in li-ion battery
- Battery capacity: 1200mAh
- Battery charging: wireless with charging stand + USB cable + 220V adapter
- Dimensions: 13x9x9cm
- Weight: 200g

PACKAGING CONTENT

- Aesthetic device BeautyRelax BR-2720.
- Charging stand.
- USB cable.
- Adapter for 220V mains.
- User manual

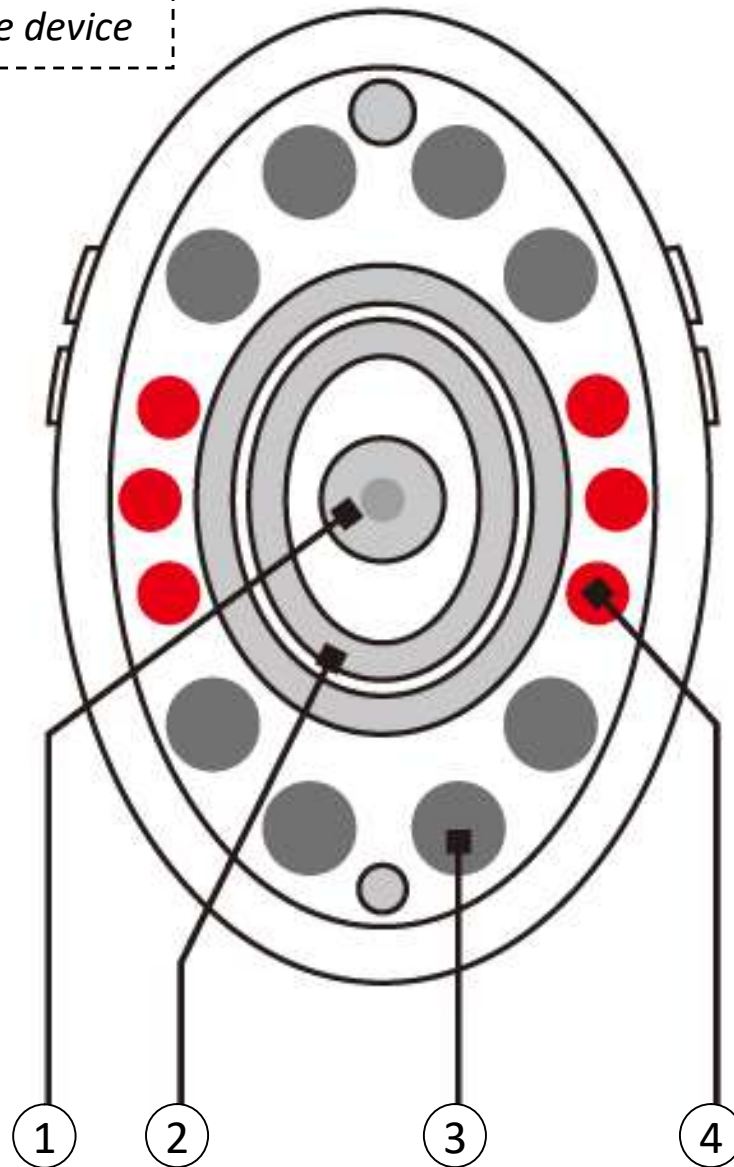
DESCRIPTION OF THE INSTRUMENT



- | | |
|----------------------------------|--|
| 1. ON/OFF button | 6. RF radio frequency symbol |
| 2. MODE button | 7. HIFU ultrasonic wave symbol |
| 3. POWER INCREASE button | 8. Power setting indication |
| 4. POWER REDUCTION button | 9. Indication that the unit is switched on |
| 5. EMS micro-pulse symbol | |

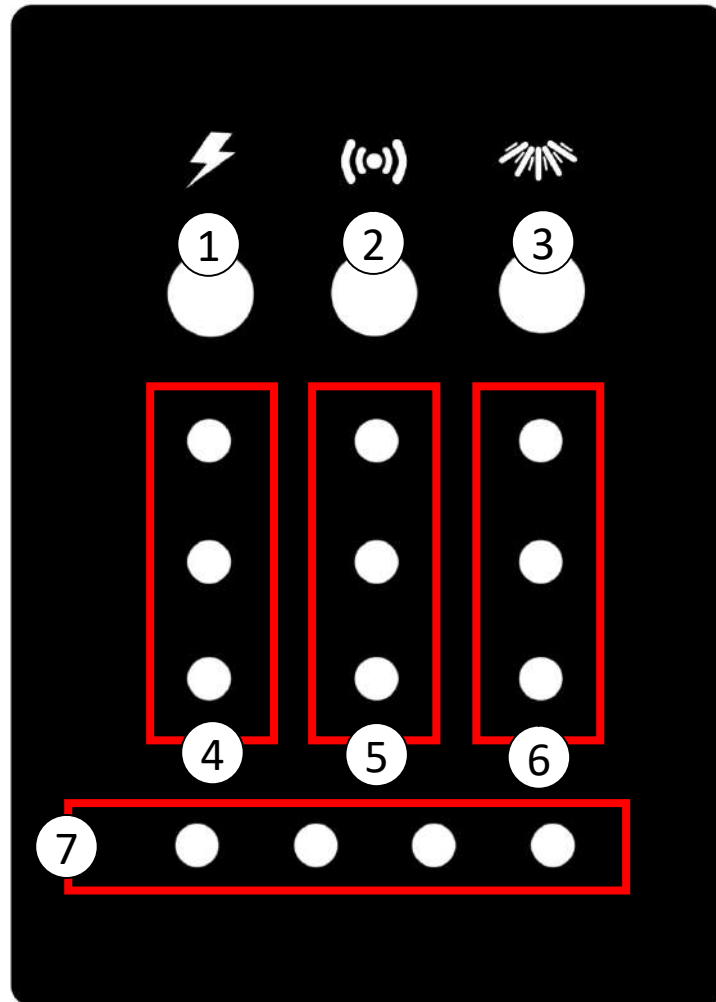
DESCRIPTION OF THE INSTRUMENT

The underside of the device



- 1. HIFU** ultrasound waves
- 2. RF** radio frequency
- 3. Massage balls with EMS** pulses
- 4. Light therapy - red light**

DISPLAY DESCRIPTION



- 1. EMS pulse function indication + red light*
- 2. RF radio frequency function indication + red light*
- 3. HIFU ultrasound function indication + red light*
- 4. EMS pulse intensity level*
- 5. RF radio frequency intensity level*
- 6. HIFU ultrasound indication level*
- 7. Indication of instrument operation*

CONTROL AND USE OF THE DEVICE

- 1.** Skin should be thoroughly cleansed before each use. It is ideal to time your treatment after a full body bath. The skin should ideally be free of hair. Hair could form an unwanted barrier between the application head and the skin.
- 2.** The use of the device should always be combined with a clear conductive gel (not included). The application gel, called SONOGEL, can be purchased at any medical supply store (can also be purchased at a pharmacy). The gel is very important for the use of the device. It forms a necessary bonding layer between the applicator and the skin. It is water-based. It cannot harm the applicator head. The use of the applicator gel is essential. RF radiofrequency, HIFU ultrasound and EMS pulses can bind to the skin better. **Do not use any other types of cosmetic products.**
- 3.** Only charge the device battery using the accessories included in the package. If you use other types that are not compatible, the battery may be irreversibly damaged.
- 4.** Switch on the device by long pressing the **ON/OFF** button **(1)**. The EMS program is activated automatically. The default intensity level is the lowest at level 1.
- 5.** Use the **INCREASE** **(3)** and **DECREASE** **(4)** buttons to adjust the intensity of the EMS pulse output.
- 6.** Press the **MODE** button **(2)** briefly to change the RF program.
- 7.** Use the **INCREASE** **(3)** and **DECREASE** **(4)** buttons to adjust the RF power intensity.
- 8.** Press the **MODE** button **(2)** briefly to change the HIFU ultrasound program. The instrument is in standby mode. To activate the HIFU ultrasound function, press the **REDUCE** button **(4)**. The HIFU ultrasound program is activated. The default intensity level is 1. The operation of the HIFU ultrasound function is accompanied by an acoustic signal - beeping. This is not a malfunction, but a deliberate acoustic signalling.
- 9.** Use the **INCREASE** **(3)** and **DECREASE** **(4)** buttons to adjust the intensity of the HIFU ultrasound.
- 10.** Each program has an automatic preset timer of 5 minutes. After this time, the device will automatically switch off.
- 11.** You can switch the device off at any time by long pressing the **ON/OFF** button **(1)**.

- 12.** Treat selected parts of the body. Move the application head over the selected area in circular or long movements. You can also use the stamping method. For more information on body treatments, see the passage: **BODY TREATMENT OPTIONS** and **FACE AND NECK TREATMENT METHOD**.
- 13.** Always ensure that the contact surfaces at the bottom of the device are in full contact with the skin (if the skin relief allows it). This will ensure maximum treatment effectiveness.
- 14.** When you have finished using the device, wipe the contact gel residue from the device body and application head. For more information on the care of the applicator head, see the **Cleaning and Maintenance** section.
- 15.** If you need to charge the battery, follow the procedure in the passage: **CHARGING THE BATTERY**.
- 16.** After treatment with the device, you can apply a moisturizing cosmetic cream to your skin and let it dry naturally.



NOTES ON THE USE OF THE DEVICE

- 1.** As we had the opportunity to mention to you in the introduction of this manual. The use of the device is closely related to the contact gel - the so-called sonogel. This is the same practice that is used in aesthetic studies. The gel forms a necessary bonding layer between the contact surfaces of the device's application head and your skin. As you use the device, the gel may gradually dry out from the surface of your skin. Keep an eye on the gel layer on your skin and apply additional amounts if necessary. The gel tends to dry gradually from the surface of the skin. The application head is built for contact with the gel. The gel cannot harm the device in any way.
- 2.** Gradual drying of the gel during the use of the device is most often manifested by a pinching sensation on the surface of the skin. In this case, apply another amount of gel to the skin.
- 3.** Do not use any other cosmetic products in combination with the use of the device. Also try to avoid sonogels with other added substances. Combined with radiofrequency technology, they could cause an allergic reaction on the skin of more sensitive individuals.
- 4.** If you are just getting acquainted with the device, take your time. Try to feel your body's perception of the technology through the surface of your skin.
- 5.** The battery should have a sufficient power level for all functions of the device to work properly. For charging, use the charging stand included in the package.
- 6.** If you want to target facial wrinkles, increase skin elasticity and your own collagen, the dominant mode to use is **RF**. If you want to focus on stimulating fatty tissue in the chin area, split your treatment time between the **RF** and **HIFU** programs.
- 7.** The product is designed for all skin types with varying degrees of sensitivity. Especially in the facial area there are areas with higher sensitivity and less subcutaneous fat. The high variability of use is made possible by the possibility of dosage performance.

LENGTH & FREQUENCY OF USE - BODY

In the introduction to the user manual, we described which body parts you can target with the device. Now we will try to explain how to best plan your use of the device and what rules to follow. When using the device, please refer to the following guidelines:

- Only one part of the body can be treated per day. The paired body area is considered as one part. So you can target the tummy or arms (right and left hands together) or inner thighs (right and left legs together) in one day.
- Use of the device on any given day should not exceed 25 minutes.
- If active stimulation of adipose tissue is preferred, the optimal recommended combination of programs is as follows: 5 minutes **[EMS]** + 10 minutes **[RF]** + 10 minutes **[HIFU]** (you can do it in the same order).
- If you prefer active skin lifting stimulation in the facial area, the optimal recommended combination of programs is as follows: 5 minutes **[EMS]** + 20 minutes **[RF]** (you can do the same sequence).
- The device can be used a maximum of 3 times per week (this applies to the same and different parts of the body).
- The optimal frequency of use is therefore e.g. Monday, Wednesday, Saturday.
- Repeat this weekly programme within one month.
- If you use the device for three weeks, we recommend skipping the fourth week entirely.
- Then resume using the device again within a three-week cycle.

LENGTH & FREQUENCY OF USE - FACE

We have briefly mentioned the duration of application to the facial area in the previous paragraph. However, it is not possible to determine the length of the skin treatment to the nearest second according to predefined tables. The duration of skin stimulation with radiofrequency waves depends significantly on several factors - skin condition, age of the user, skin type, skin sensitivity or the way the user takes care of the skin for a long time. In general, for the very first use, the treatment should last in the order of minutes. During the initial use, one can gradually analyse how the skin reacts to the radiofrequency wave technology or how long it takes for the skin to stop being sensitive to touch after the treatment. In this way, the time interval between treatments can be determined. The length of the treatment should also take into account the extent of the surface area of the selected area. The entire facial area will take longer due to the more rugged surface relief.



SKIN TEST

We're all originals. There are a variety of skin types. Although it is perfectly safe to use the device, it is recommended to perform a skin test to see if use will cause any unwanted skin irritation or allergic reaction.

1. Apply a sufficient layer of sonogel to the skin (e.g. on a part of the thigh or calf).
2. Treat a small part of the skin by alternating between **[EMS]** **[RF]** and **[HIFU]** programs for a total of 15 minutes together.
3. If no abnormal discolouration due to an allergic reaction appears on the skin within 24 hours, you can safely use the device according to the instructions in this manual.



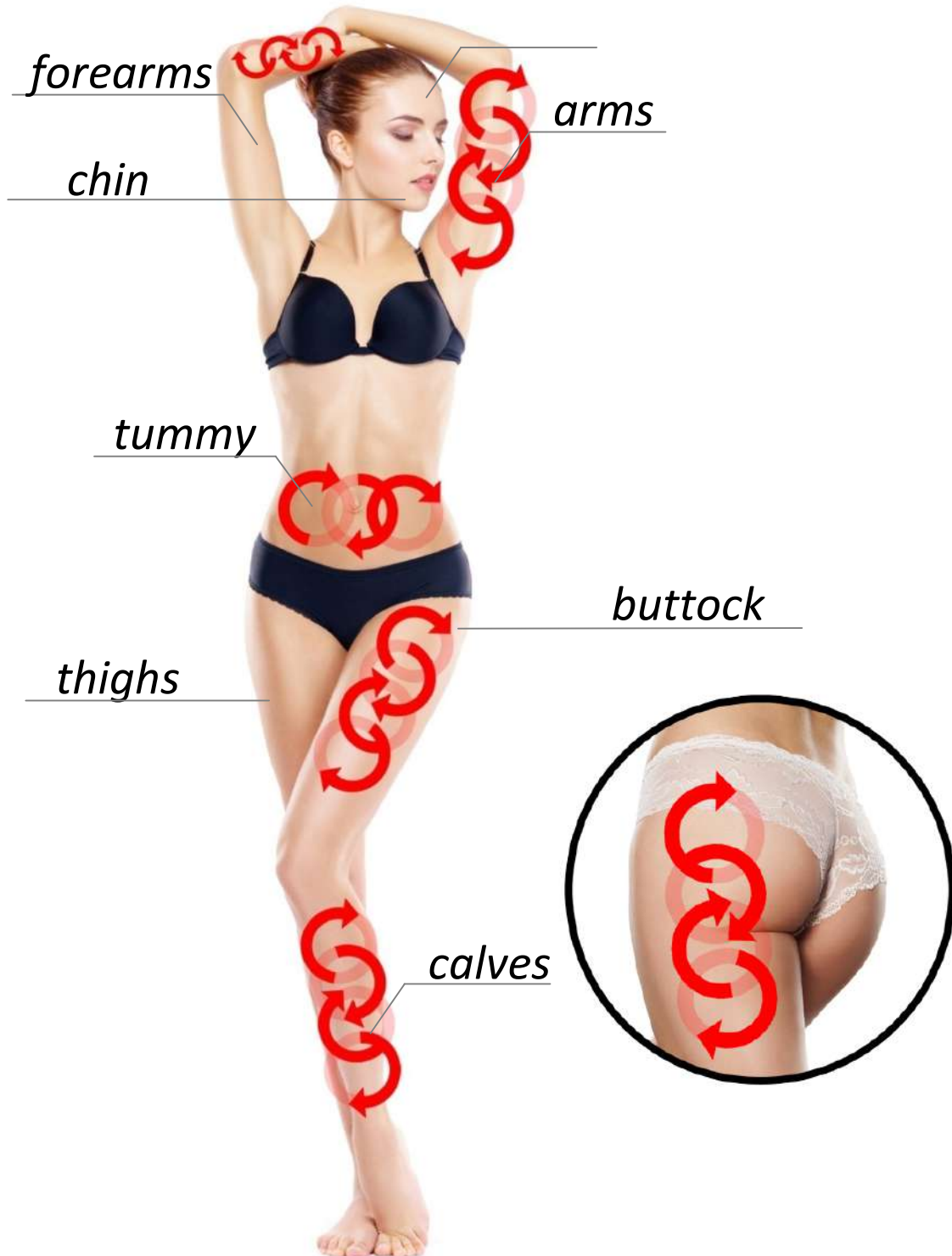
IMPORTANT INSTRUCTIONS FOR USING RADIOFREQUENCY

- BeautyRelax Celluform Ultimate is a new generation of cosmetic devices designed for non-invasive skin treatments. This means that no part of the application head physically penetrates below the skin.
- Non-invasive operation is a prerequisite for the use of the device by the user in the home environment. The use of the device does not require the supervision of an erudite trained medical or cosmetic aesthetics professional. However, it is essential to always follow the instructions in the instruction manual. Only in this way will the use of the device be as safe and effective as possible.
- The treatment should always be combined with a clear conductive gel. Can be purchased at any pharmacy or health supply store. It costs a few tens of crowns. Definitely the cheapest is enough. Do not pay the more expensive the better. The main purpose of applying a fine layer of gel to the skin is to increase conductivity. Radiofrequency waves, ultrasound waves and EMS pulses get a better ability to bind to the skin.
- **When treating the skin in radiofrequency mode, always start at intensity level 1. Increase slowly with caution. At higher intensity values, the device achieves very strong radiofrequency wave power. Please pay close attention to this fact and do not take the use of the instrument lightly. If you feel the heat too strongly, reduce the power, speed up the movement of the device over the skin or shorten the actual length of contact of the application head with the skin.**
- **If you hold the applicator head on your skin in the same place too much and also have the highest treatment level (radiofrequency) set, the device is powerful enough to injure your skin unpleasantly. Therefore, please approach the treatment with the utmost care and gentleness. If the device is not powerful enough, it would not be possible to achieve the desired results.**
- **You can move the application head over the skin in different ways. In short, long strokes or in circular movements. If you hold the head in contact with the skin for too long (radiofrequency), an amount of energy will accumulate that will raise the temperature of the applicator. The increase in temperature of the applicator is not a malfunction of the device, but a side effect of exposure to radiofrequency waves for a prolonged period of time.**
- If possible, avoid areas with very thin and sensitive skin with the application head. If there is a smaller layer of subcutaneous fat, work at lower power levels or avoid this area of skin altogether.
- Always clean the contact surfaces of the application head thoroughly after each treatment. The use of pure alcohol for disinfection is ideal. Dry the applicator thoroughly at the last stage. Moisture can cause oxidation of the applicator contacts. This will significantly increase the life of the applicator contact surface.
- There is no need for eye protection when using the red light. However, it is strictly recommended not to look directly into the light source for extended periods of time when using it. A fleeting glance is certainly not a risk.

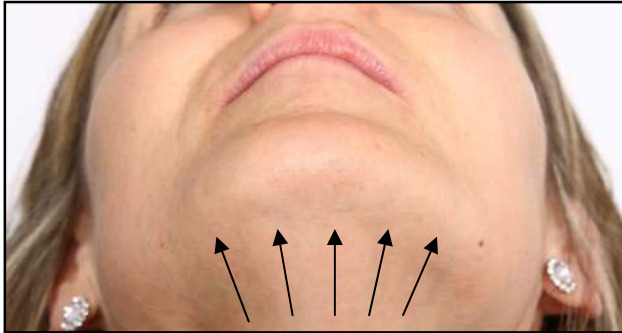


BODY TREATMENT OPTIONS

UNIVERSAL MASSAGE TECHNIQUE



DOUBLE CHIN



Move the application head in short, long or circular movements. You can also stand the applicator in one place and move it gradually. Try to avoid the thyroid area as much as possible. Bring the device as wide as possible to cover as much of the chin as possible.

ARMS



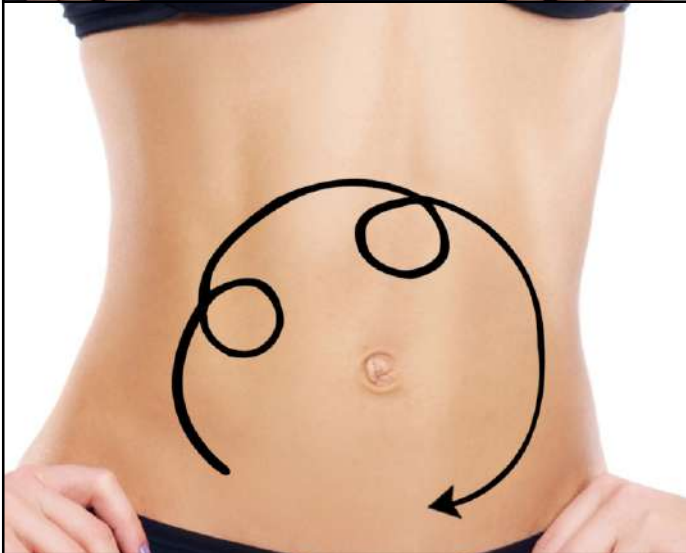
Make yourself comfortable and relax the muscles in your arms. Move the application head of the device towards the shoulder. Gradually treat the outside and inside of the arm. Move in short, straight movements as illustrated. Try to focus on the parts of the arm where there is the most fatty tissue.



Follow the same procedure as in the previous step. Now perform circular pulling movements. In this way, treat the whole arm one by one. Focus on the area with increased fatty tissue.



Move the application head in a circular motion. Treat the entire tummy area in this way. Always try to avoid the belly button area directly. You can move clockwise or anticlockwise.



Move the applicator head in long strokes with smaller circles. Treat the entire tummy area in this way. Always try to avoid the belly button area directly. You can move clockwise or anticlockwise.



Move the application head in long, rounded movements. Try to focus on the side of the waist. Work from top to bottom and repeat the process.

BUTTOCK



Move the applicator head in long, rounded movements from the centre of the buttocks upwards towards the waist.



Move the applicator head in long, rounded movements from the centre of the buttocks upwards to the waist in a U-shape.



Move the application head in long, short movements with a loop in the middle of the path. You can treat the entire buttock area in this way

THIGH AND CALF

Move the application head in short, straight movements. Optimally from the underside of the limb upwards.

Move the application head in long, long circular movements. Optimally from the underside of the limb upwards.

Move the application head in an arcing motion. In this way you can treat both the front and the back of the limb.

RECOMMENDED TECHNIQUE FOR USING THE DEVICE

Multiple massage techniques can be used when applying the application head to selected parts of the body. In this way, you can adapt the movements to suit yourself. In the case of treating the other person by active communication, observe the degree to which he or she perceives the manifestation of heat by radiofrequency. Two ways of working with the application head are recommended here:

smooth movement

Move the application head over the body in longer and shorter sections - see picture. Using your free hand, stretch the skin as much as possible. The movement over the skin will be much easier. Always make sure that the skin is **moisturised as much as possible** with the sonogel. **Never stimulate the skin with the application head "dry"**. By stimulating the skin in a smooth motion, the overall contact time of the application pins with the specific site is reduced. **By keeping the radiofrequency intensity level constant, you may perceive less radiofrequency exposure with faster movement compared to slower movement.**



stamping

Always proceed by holding the application head on the skin for a time range of a few seconds (stamping). Always add intensity according to the feeling. Move the applicator head a short distance away from the moment just before you feel the maximum heat. Skin treatment should never be unbearably painful, but pleasant. Only heat sensation at a tolerable level is acceptable. If you hold the applicator head on your skin for too long, plus you have the highest treatment level set, the device is powerful enough to injure your skin uncomfortably. Therefore, please approach the treatment with the utmost care and gentleness.





Remark:

The same principle of massage technique can also be applied to the face and chin area.

METHOD OF TREATMENT OF THE FACE AND NECK



FOREHEAD: move away from the centre forehead to the edge, gradually cover the entire



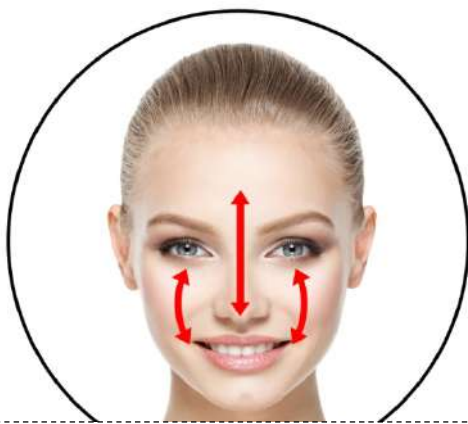
NOSE: move from the forehead around the nose to the cheek, from top to bottom



FACE: move your face in the direction of the from the bottom up



CHIN: move from the tip of the chin along the contours of the face, from bottom to top



T ZONE: move from forehead to tip of nose and face, movement in both directions



NECK: move from the chin up to the ear and then down to the neck

CLEANING AND MAINTENANCE

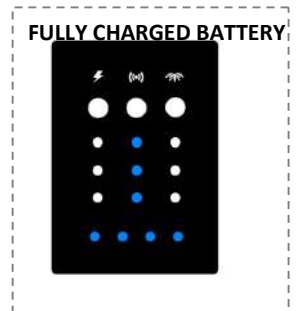
The use of the device is always associated with the application of the sonogel. Always ensure that the application head is cleaned after the treatment is completed. If more than one person uses the device, the surface of the applicator head should be disinfected. Ideally with an alcohol spray solution. Do not use any aggressive cleaning agents. After cleaning, dry the applicator thoroughly. This will considerably prolong its service life.

BATTERY CHARGING

The device has a built-in rechargeable battery. The device is charged using the stand included in the package. Always charge the battery if the device can no longer be switched on. To start the charging process, simply place the device on the stand. Charging will start automatically.

Charging procedure:

1. Only use the accessories included in the package for charging.
2. Connect the charging stand and the 220V adapter using a USB cable.
3. The charging process starts automatically when you place the device in the stand.
4. There are two contact pins on the stand that must fit into the pins on the bottom of the device.
5. The charging progress is indicated by a flashing dot on the display.
6. When all three dots light up vertically, the charging process is complete.
7. The length of the charge depends on the state of the battery. It can take up to two hours.



SOLVING POTENTIAL PROBLEMS

The Problem	Possible cause	Solution
The device cannot be switched on	The battery has insufficient power	Charge the device battery using the charging stand
The device switches off automatically after a few minutes	The timer has activated	The timer is set for 5 minutes. For further use, the device must be switched on again
I don't feel the effects of EMS pulses	Skin is too dry	Apply a larger amount to the skin contact gel
	You move the application head too fast	Make slower movements over the skin
	Application balls are not in full contact with the skin	The contact surfaces of the beads of the application head should be in the best possible contact with the skin
Radiofrequency burns too much	You stay with the device in one place for too long	Adjust the movement of the applicator head on the skin or shorten the contact time with the skin
	High intensity	Reduce the intensity of the RF function one notch lower or to 1 notch
	Skin is too dry	Apply a larger amount to the skin contact gel
The action of HIFU ultrasound is too intense	The HIFU program level is set too high	Reduce the intensity of the HIFU function one notch lower or to 1 notch

RELATED RECOMMENDED INSTRUMENTS

When non-invasive instrumental treatment of adipose tissue is recommended ideally to support the activity of the body's lymphatic system. Professional massage studios offer similar treatments in the same way. Lymphatic massage and support of blood circulation significantly helps to drain the limbs and flush out all unwanted pollutants from the bloodstream. As part of our range, we can recommend the following products for inspiration, which can be effectively combined with the BeautyRelax Celluform Ultimate:



BeautyRelax Massager
Vacuform Premium



BeautyRelax Massager
Vacuform



BeautyRelax Vacuform Exclusive Vacuum
Drainage Massager



BeautyRelax Massager
Lymfopress Premium

FREQUENTLY ASKED QUESTIONS AND ANSWERS

How should treatment be carried out properly in the home environment?

Please read all the details in this manual very carefully before starting the treatment. Pay particular attention to the contraindications. If you are unsure of your health, consult your general practitioner for advice. Also study the list of areas that are precisely defined for treatment with each technology. During treatment, adopt a lying or sitting position. Make yourself comfortable. Wear something lighter, comfortable.



I'm severely obese. I'm very overweight. Is using the BeautyRelax Celluform Ultimate the right solution for me?

Unfortunately, no. In this case, we do not recommend using the device under the above circumstances. An aesthetic device cannot compensate for an unhealthy lifestyle in which you consume, with repetitive regularity, more calories than your body can metabolize in the long term. If you are very overweight, we recommend that you contact your GP or a nutritionist and address the weight loss process under professional supervision.

So who is the BeautyRelax Celluform Ultimate suitable for?

The aesthetic device is suitable for anyone who is internally convinced that they are really interested in working on their appearance. Despite all efforts, it is not possible to reduce the unwanted layer of fatty tissue on selected parts of the body. Yet he is willing to try the non-invasive route and avoid surgery with a scalpel. The device is designed for anyone who already feels some fatigue in the facial area. The skin has lost its original elasticity. The incidence of wrinkles is increased.

Do I need to adjust my diet in any way while using the device?

It certainly does. If possible, avoid eating really heavy, fatty foods on the day you use the device. We are thinking in particular of dishes that have been prepared using the oil frying technique. We also recommend avoiding sweetened drinks. Ideally, consume only plain water or water flavoured with fresh fruit juice. By lightening your diet you will significantly help your body during the period of using the device.

Do I need to make any adjustments to the movement while using the device?

You definitely don't have to combine the use of the device with high athletic performance. However, it is advisable - ideally on the day of use - to take a short walk, run or ride a treadmill or bike. If you are unable to leave your home, at least take a light stretch. Use exercises to help you get a little out of breath. Again, we emphasize. There is no need to do extreme physical exercise. The main purpose is to support your lymphatic system and metabolic rate so that the energy released when stimulating fat tissue is used efficiently. Timing after using the device is optimal.

Is the BeautyRelax Celluform Ultimate treatment painful?

The treatment is completely painless and safe if all the instructions in the manual are followed. When using the EMS pulse technology program, you may feel a tingling sensation on your skin, even a slight tingling sensation. The accompanying effect of radiofrequency is a sensation of warmth. HIFU ultrasound waves have a gradation of warmth to a slight "stinging" sensation.

What results can be achieved in terms of stimulating adipose tissue?

The result is strongly influenced by several factors. The released fat must be processed by the body. How quickly it processes it depends primarily on your metabolic rate, the type of fat you have (whether it has grown into muscle tissue), the state of your lymphatic system, or your lifestyle. Think of an aesthetic device as a useful tool to help you in your quest to look better. In order to achieve your dream goals, you need to adjust your lifestyle and increase your exercise (we are still talking about light physical activity, no extreme physical exertion that you may not be used to). This is important so that the processes that the aesthetic device will start in your body can take place successfully and efficiently.

Why is there an emphasis on caring for the contact surfaces of the application head after each use?

Contact surfaces should be carefully cleaned of contact gel and thoroughly disinfected after each individual use. Once in a while it is ideal to use an alcohol-based spray. This will prevent the possibility of spreading bacteria and ensure maximum operational hygiene. When the device is used by several persons, it is essential to disinfect with the spray after each use. Be sure to dry the application head thoroughly with a cloth. This will multiply the life of the contact surfaces.

Can more than one person use the device?

Yes. It is possible, but under certain conditions. Pay particular attention to the disinfection of the application head. You will prevent the transmission of bacteria or possibly skin diseases. For disinfection, ideally use an alcohol spray solution. Always dry the surface of the application head thoroughly.

What condition should the skin be in just before using radiofrequency?

The skin should be as clean as possible. Free from all surface impurities. The ideal timing is after the bath. Here we would like to stress that it is not advisable to heat the skin too much with hot water.

What products should I use after treating the device?

The skin should be sufficiently moisturised after using the device. We recommend using a regular moisturizer. The skin needs a sufficient supply of moisture for its regeneration. It is advisable to avoid cosmetic treatments such as deep cleansing with diamond microdermabrasion or hot steam on at least the day of the treatment. After radiofrequency treatment, the skin is slightly irritated and may become red. After radiofrequency stimulation, the skin needs some time for subsequent regeneration.

What results can I expect? How will radiofrequency affect my skin?

The effect of radiofrequency is very individual and the result depends on several factors. In the case of redness of the skin after treatment, this is a common accompanying phenomenon. The skin is warmer on the surface after the treatment. In the following days, the collagen and elastic fibres, which are responsible for the quality of skin elasticity, are gradually remodelled. Non-invasive skin lifting with radiofrequency is not a definitive process with a definitive effect. The skin should be stimulated regularly according to the recommended duration and frequency of use.

How can radiofrequency be perceived?

When the application head contacts the skin, radiofrequency waves flow through the skin surface into the dermis layer and to the adipose tissue. This process can be perceived as heat, which gradually graduates. The sensation of heat is not caused by "heating" the skin, but is a side effect of the radiofrequency energy. The main purpose and essence of using radiofrequency waves is to precisely target the dermis and adipose tissue layers with a specific frequency and power.

Can the applicator head injure the skin surface?

If the device is used incorrectly, it can. The range of power settings is deliberately adjusted to be able to treat the full spectrum of users with different skin sensitivities and different levels of adipose tissue. Therefore, the performance of the device can be considered slightly "oversized". One of the main advantages of the device is the flexibility of use with targeting and selected body parts. The adjustment of the power dosage allows the treatment of even very sensitive areas. Higher power kick in for larger areas where the level of sensitivity is at a lower level. An aesthetic device must be able to offer sufficient power potential. Otherwise, it would not be possible to perform treatments with high effectiveness. Extreme caution should always be exercised when dispensing power.

Why does the device offer multiple technologies? Given the expected results, is there any correlation between the technologies that work in each mode?

Body aesthetics is not only an effort to reduce fat tissue. The human body can be accompanied by a number of undesirable phenomena in the form of cellulite, sagging skin with reduced elasticity, flabby muscles. Each technology has its specific meaning. Technologies are not mutually exclusive. When using the device, the programs can be interchanged. In a very simplified form. Radiofrequency acts in two planes. Stimulating the formation of your own collagen and stimulating fat cells. EMS pulses actively strengthen the flaccid muscle structure. HIFU ultrasound waves try to disrupt the surface of the fat cells in a very simplistic way, releasing the energy that the fat cells store. Red light is one of the most widely used in the field of photon therapy. It helps to suppress pigment production.

Is the direction of movement of the device on the skin important?

I'm sure it's not. It doesn't matter if you "create" circles or lines on your skin. You can stand still on the skin and continue to move a little further along. A method called stamping. The key is to watch the speed of the application head moving across the skin and adjust the intensity according to the perception of the technology. The treatment should feel comfortable. Not painful. If the intensity is higher, try speeding up the movement of the head across the skin.

Is the device a medical device?

The device is not a medical device. It belongs to the category of massage devices. The device does not treat obesity or any other disease. The device offers technologies that, when used under specific conditions, help to reduce subcutaneous fat, reduce the appearance of cellulite and increase skin elasticity.

Does the device have any certification?

Instrument for standard European certification. It meets all the standards that are imposed on instruments of this type. In order to make it as safe as possible for you to use the instrument, please follow carefully all the instructions given in this manual.

Where is the device manufactured?

We have the instrument manufactured in China according to our requirements and specifications. We guarantee standard warranty and post-warranty service.

Is the device waterproof?

Yes. The device is waterproof certified to IPX7 standard.

A FEW SENTENCES IN CONCLUSION

The BeautyRelax Celluform Ultimate - as they say - deceives the body. And for this particular model, this is doubly true. At first, second and third glance, it will seem small and very light. Conservative customers might be surprised by this fact. "After all, for any device to work well, it has to be big and heavy". In the field of aesthetics, this was and is certainly not true. The opposite is true. When developing new models, great emphasis is placed on high user comfort. The device must be ergonomically shaped so that it is easy to hold. It must be very light so that one can concentrate fully on the process of using the device. For example, facial treatment requires a greater degree of care and concentration. Working with a lightweight device is a huge benefit in this case. The dimensions of the device are mainly influenced by the versatility of use. The design of the device represents a certain compromise for treating a large area on selected parts of the body, but at the same time a very small area on the face. Celluform Ultimate is definitely among the best in its category that aesthetic devices for end users can offer. As stated in the instruction manual. The device achieves really solid performance. In order to be able to accommodate a large variety of users and meet the claimed features, a higher power range is necessary. There is no need to be afraid of using it, but some respect for the performance of the instrument is definitely in order.



Martin Hrbek

www.beautyrelax.cz

DISPOSAL OF USED ELECTRICAL EQUIPMENT



This symbol on products or in accompanying documents means that used electrical and electronic products must not be added to normal municipal waste. For proper disposal, refurbishment and recycling, take these products to the designated collection points. Alternatively, in some European Union or other European countries, you can return your products to your local retailer when purchasing an equivalent new product. By properly disposing of this product, you will help conserve valuable natural resources and help prevent potential negative environmental and human health impacts that could result from improper waste disposal. For further details, contact your local authority or nearest collection point. This symbol is valid in the European Union. If you wish to dispose of this product, please obtain the necessary information on the correct method of disposal from your local authorities or your dealer.

CERTIFICATION



The product is approved for use in European Union countries and bears the CE mark. The declaration of conformity and all documentation is available from the importer.

SHIPPING

SANTADRIA s.r.o. , Mojmírovo nám. 75/2 Brno, 612 00
IČO: 29195454 | DIC: CZ29195454

If you have any questions about the product, please do not hesitate to contact us:

Email: mh@santadria.cz

ES DECLARATION OF CONFORMITY

The undersigned, representing the company

SANTADRIA s.r.o.

Mojmírovo nám. 75/2, Brno 612 00

ID: 29195454

hereby declares that the product

Body shaping massager

launched under the model name: **BeautyRelax Celluform Ultimate BR-2720**

EAN 8594166119604

is in compliance with the following European standards:

EN 61000-3-2:2019

EN 61000-3-3: 2013

EN 55014-1:2017

EN 55014-2: 2015

Based on compliance with these directives, the product has been CE marked.

The product also complies with RoHS Directive 2002/95/EC (RoHS). All materials are health-safe. They do not contain any heavy metals such as cadmium and other toxic substances.

For safe use, it is essential to strictly follow the instructions in the instruction manual included in the package.



Place of issue Brno

Release Date: 1.3.2022

A blue ink signature is written over a company stamp. The stamp includes the company name 'SANTADRIA s.r.o.', the address 'Mojmírovo nám. 75/2, 612 00 Brno', and the identification number 'DIČ: CZ29195454' along with the telephone number 'Tel.: 737 196 160'.

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DIČ: CZ29195454 Tel.: 737 196 160

Martin Hrbek, Managing Director