

Smart HRM Bracelet

User Guide



Smart Searching
Endless Exploring

How to Use

Key Definitions:

- Sliding around: function switch
- Tap: choose
- Long Press: mode switch



Once the device connected to the app successfully, it will record and analyze your activities and sleep automatically, also monitor heart rate status, please touch and sliding on the screen of the device to switch into different display modes as following:

1. Normal Mode

Time Mode 01:56 AM 16/11 → Heart rate mode 67

→ Step mode 6,000 → Distance mode 6.00 KM

→ Calories Mode 600 → Alarm mode 01:56 AM TUE

→ Messenger Mode

→ Music Display Mod Wating for

Note: alarm mode will only display on the screen after switch ON in the APP.

Functions Instruction

Activities Record:

Record daily activities, you could check daily activities including steps, distance and caloric consumption in the app.

Sleep Monitoring:

Device could automatically recognize your state and monitoring the whole sleep progress with analyzing the deep sleep and light sleep hours;

Notification Alerts:

Alarm alert, call alert, sedentary alert, etc. by silent vibration;

Remote Camera Control:

Operation on the screen could control remote photograph shooting.

Heart Rate Monitoring:

Device monitors your heart rate status and help user make suitable exercise plan.

Device Data Storage:

The activity data will be cleared every 0:00am as a cycle, but the device itself could restore 7 days' data, after 7 days, the data will be cleared. We suggest user to sync data with app at least one time within 7 days during use.

FAQ

● Can't find device when pairing device?

Please make sure the smart phone Bluetooth is ON and smart phone OS Android 4.4 & above and iOS 7.1 & above.

Please make sure the device is near the smart phone when pairing (normal 0.5m) and among the normal Bluetooth communication distance range (within 10m).

Please make sure the device is not under low battery. If there is still problem after full charge, please contact us.

● Can't connect the device with app?

Some smart phone Bluetooth service will be abnormal when reboot. Please reboot the Bluetooth or reboot smart phone for pairing device.

Working condition for mobile



iOS 7.1 & above



Android 4.4 & above



Support Bluetooth 4.0

Quick Start Guide

1. Download VeryFitPro app

The smart band need to pair with the smart phone through app. Before downloading, please refer to working condition for mobile.

Way to download 1: Searching the QR code, scan and download app.

Please use the QR code Scan tool to scan the following QR code and open the link and download app. In case there is any problem to open the link, please try to copy the link and open it by browser.

Way to download 2: Search in the phone market and download.

Please search and download the "VeryFitPro" from App Store or Google play store.



2. Device Activate & Charge

Make sure power is working normally before initial use. In case device is under low battery, connect the device to the charger. Device will automatically boot up (please connect the USB in normal DC port (5V-500mA) for charging as below. The host should be separated from the strap when charging).



3. Pair the device

Open pair device in the app, please make sure the Bluetooth is ON when pair the device. When searching and pairing device, please long press on the screen of the device and activate the device (light on). App will search the device automatically, choose the device name and connect the device to the app.



Select the device in the smart phone searching list

2. Remote Camera Shoot Mode



Put the camera shoot ON in the APP, then device enter in remote shoot screen, control remote photograph shooting with following actions:

(Right slide screen / lift wrist sense / tap screen) to shoot a picture.

3. Function Menu Mode



Under normal mode, long press the screen 2S to enter into function menu mode, choose the following functions:

[Tap] to enter into Sports Start Confirm mode

[Tap] to enter into Do Not Disturb mode

[Tap] to enter into Wrist Sense ON/OFF Setting mode

[Tap] to enter into horizontal and vertical screen switch setting mode

[Tap] to enter into heart rate ON/OFF switch mode

[Tap] to enter into Power OFF confirm mode

[Tap] to enter into Find Phone mode

3.1 Sport Mode

Sport start hint → Stop watch Mode 04:56.2 → Sport heart rate Mode 67

Sport Calories Mode 600 ← Sport Distance Mode 6.00 KM ← Sport Step Mode 600

Sport Time Mode 01:56 AM 16/11 → Music Display Mode Wating for → Sport end hint

3.2 Do Not Disturb Mode

Do Not Disturb Mode OFF Do Not Disturb Mode ON

3.3 Wrist Sense ON/OFF Mode

Lift the wrist screen ON Lift the wrist screen OFF

3.4 Horizontal and Vertical screen switch setting Mode

Vertical screen Mode Horizontal screen Mode

3.5 Power OFF Mode

Power Off Mode Find Phone

4. Notification Mode

Incoming call notify Message notify WhatsApp Hello, nice to

Alarming notify Sedentary notify

Goal complete notify Low-power notify

Charging notify

Charge full notify

Notification Mode instruction:

- Under incoming call, message notify mode, the screen will still display the last time text and sliding, when there is a new notification coming in.
- If there is a call or message come, the device will force into call/message alert mode no matter under whatever other mode, after quit, it returns to previous mode.

● How to Restore Factory Defaults

Make sure the device is connected with app, go in the app, enter "Mine-SystemSetting" and choose "Reboot Device".

● How to update the device

Make sure the device is connected with app, go in the app "Device", "Device update", please wait some minutes before update done.

Basic Specifications

Model: ID101U HR
CPU: Nordic nRF51822
Sensor: kionix kx022-1020
Heart Rate Sensor: Silicon labs Si1142
Host Weight: 25g
Battery Type: Rechargeable Li Battery
Battery Capacity: 60mAh
Data Syn: Bluetooth 4.0
Working Temperature: -10C--45C
Waterproof: IP67
Standby: 5-10 days
Frequency bands: 2402-2480MHz
Maximum output power: -3.87dBm

This product is applied with professional Bluetooth RF signal and self developed algorithm, the accuracy of step pedometer could be up to 95%.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

Correct Disposal of this product. This marking indicates that this product should not be disposed other household wastes throughout the EU. To prevent possible harm to the environment or human be from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.