



# DUAL HANDLES

## GETTING STARTED



Thank you for choosing SKLZ Dual Handles. We are dedicated to providing you with the best tools and instruction possible to help you prepare for your sport. If there is anything else we can do to help, don't hesitate to send us an email at [customerservice@sklz.com](mailto:customerservice@sklz.com) or give us a call at **1-877-225-7275**.

### BEFORE YOU BEGIN:

- Read all setup and usage instructions carefully before using. If the setup and/or usage instructions are not followed correctly, it could result in injury or damage to the product.
- Recommended for athletes over 14 years old. Athletes under the age of 18 should use the Dual Handles under strict adult supervision.
- Adult assembly recommended.
- Always check for wear and tear before use. If any is found, do not use the product.
- If you are missing any Dual Handles components, please contact SKLZ customer service toll free at **1-877-225-7275**.

### ⚠ WARNING:

**PHYSICIANS WARNING:** Not all exercise equipment and programs are suitable for everyone. It is recommended that you consult your physician before using this equipment or beginning this or any other exercise program.

- Dual Handles is a training tool designed to help accentuate your workout. Take breaks and do not overexert yourself.

### ⚠ CAUTION:

- When in use, make sure Dual Handles is set up in a clear area to avoid damage to property.
- Dual Handles must be used with either the SKLZ Training Cable, Resistance Cable or Universal Anchor system only. Using a non-SKLZ cable may result in damage or injury.

### CARE:

- Do not leave Dual Handles outdoors for extended periods of time.
- Keep away from fire and heat sources.
- To clean, use soap and warm water.

**PATENT# US8961378**

#### IDEA SUBMISSION

If you have an idea for a new and innovative sports training product, visit [sklz.com](http://sklz.com) to submit your concept. Some restrictions may apply.

#### 1-YEAR LIMITED WARRANTY

This warranty does not cover damages resulting from accident, misuse, abuse or lost merchandise, and is only valid in the USA. Need proof of purchase for warranty coverage. **Questions? Email [customerservice@sklz.com](mailto:customerservice@sklz.com) or call toll free 1-877-225-7275.**

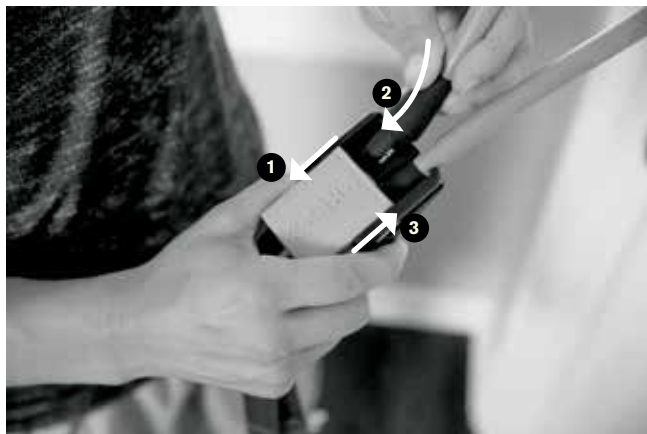
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## IN THE BOX



**A DUAL HANDLES**

## SLIDE-LOCK™



**1** Slide-Lock™ door opens by pushing up from the bottom.

**2** At approximately a 45° angle, insert the wide portion of the SKLZ Training Cable into the open door.

**3** Slide door closed and pull down firmly on the cable until the wide portion rests behind the door.