

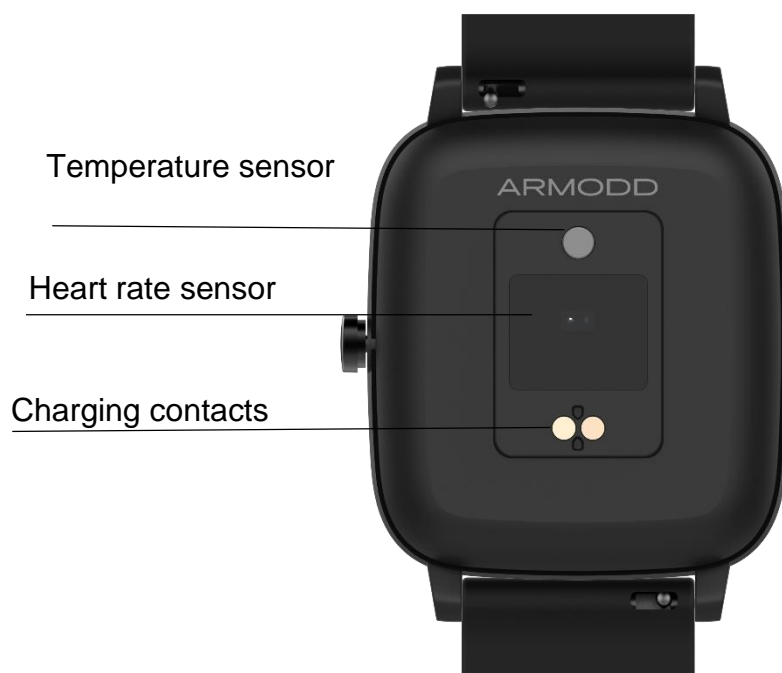
ARMODD



Thank you for purchasing our product.

Please study this manual before use. The manufacturer is not liable for any damage caused by a misuse of the product.

Product description



Operating system



Android 5.0+



IOS 9.0+



Bluetooth 4.0+

Charging and Turning on

1. Fully charge the watch before its first use. Always use only the original charging cable, which is part of the package. Always charge for 2 hours at most and do not manipulate with the watch while charging.
2. Put the magnetic charging cable to the charging contacts of the smart watch. Connect the cable to a USB port of your computer, laptop, or a network adapter for ordinary mobile phones (voltage 5 V). During charging, the magnetic end of the charging cable must not touch the strap. This might short-circuit the charger or damage the strap. Therefore, always charge the watch only with the strap open.
3. Turn on the smart watch after charging by pressing the side button for at least 3 seconds.

How to pair the watch with a mobile phone

To set up the watch and for its proper functioning, it is necessary to pair the watch with the recommended application HitFit Pro. Download the application using the QR Code below or search it in the App Store/ Google Play store.



iOS



Android

1. During the installation, we recommend allowing all the permissions requested by the application.
2. We recommend subsequent checking of the settings of permissions in the phone applications manager depending on the model of the used phone, in particular to allow the permission of location/position.
3. Turn on Bluetooth and GPS of the phone before pairing (check, whether the visibility for all devices is turned on for an unlimited time).
4. Open the application and register your own account (fill in your valid e-mail, click on the line below and click on the small red button on the right, wait for the sending of the login code to your e-mail). Then, insert the e-mail code into the application and click on the quick login. If you want to login without registration, click on the heading in the top right corner. (Fig.1)

5. Confirm your personal data. (Fig.2)
6. Select a photo of the model of your watch from the offer and confirm it. ((Fig.3)
7. Select the title of your device (HARMODD_DF2), click on it and confirm the connection. (Fig.4)
8. Confirm the notifications by clicking on “Yes”. Allow the application access to notifications.
9. Now, your watch is paired with the application, the watch will show a correct time.
10. You can set up your watch in the left menu in the Device section (e.g. what alerts they should display).

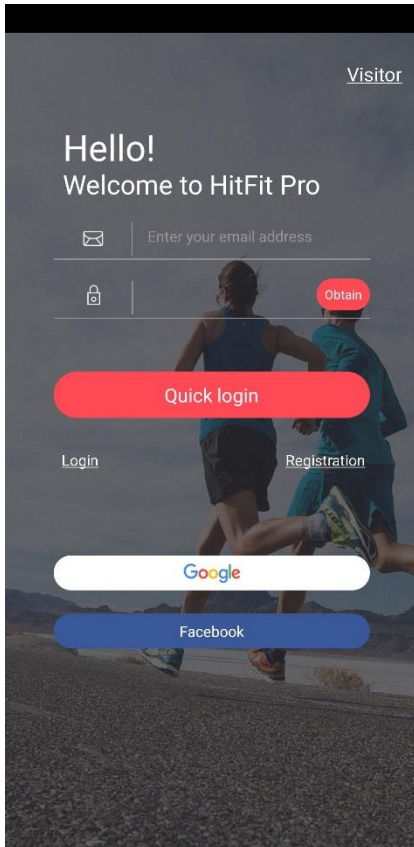


Fig. 1

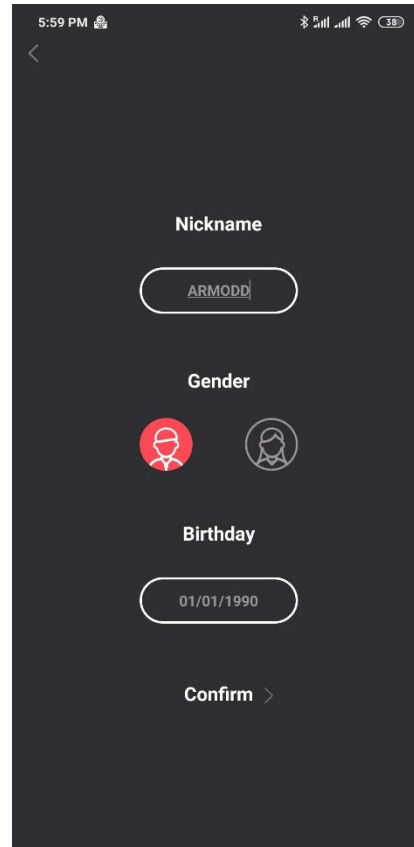


Fig. 2



Fig. 3



Fig.4

The figures are mentioned for the OS Android. The iOS application may have a different design.

Controlling the watch

Turn on/off the bracelet by long pressing the side button.

Activate the display or return to the previous menu by short pressing the side button.

Swipe the display with a finger from top to bottom to display the top menu.

Swipe the display with a finger from bottom to top to display the message page.

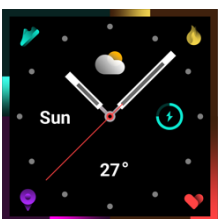
Swipe the display with a finger from right to left to display the main menu.

Swipe the display with a finger from left to right to display the simplified menu.

Change the language

Change the language in the menu by clicking on the Setting - Language: select the required language.

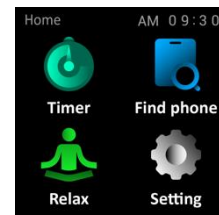
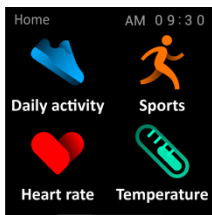
Dial



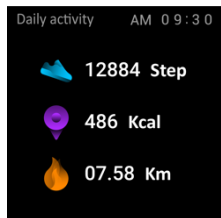
Change the dial in the menu by clicking on the Setting - Screen display - Dial switch.

Main menu

You can display it by swiping the display with a finger from right to left. Browse through the functions by swiping the display from right to left and vice versa.

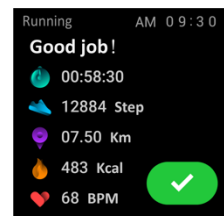
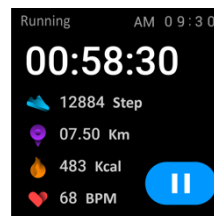
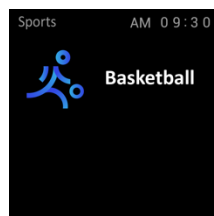
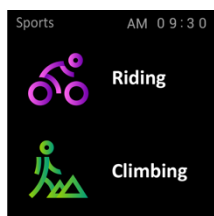
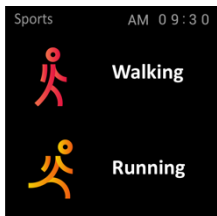


Sport data



Sport data show steps, distance and calories.

Sports – Overview of sports



Walking / Running Riding / Climbing Basketball

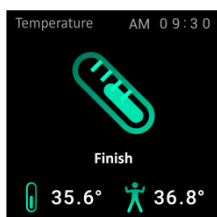
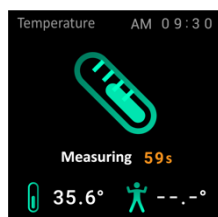
After clicking on the selected sport, the measuring will start. You can pause the exercise and then continue with it again.

Heart rate



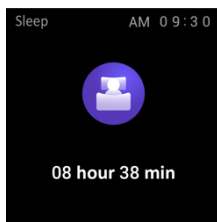
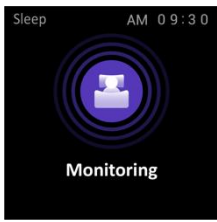
Wait for start of the measuring. The current heart rate is displayed.

Temperature



After switching on, wait for the start and end of the measuring. The surface and body temperatures are displayed. Before the measurement itself, it is recommended to wear the bracelet for at least 15 minutes and to not measure in extreme conditions or during the transition from a cold space to a warm space and vice versa.

Sleep



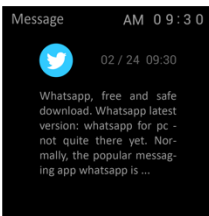
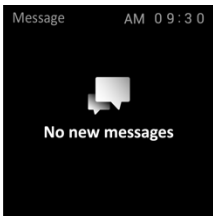
It is measured (only during at night) automatically, if the bracelet is on your hand.

Weather



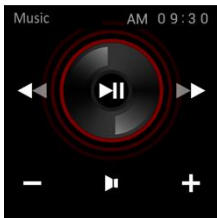
It will display the current weather according to the GPS location of your mobile phone.

Messages



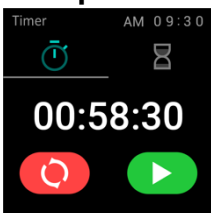
Messages and alerts from social networks.

Music

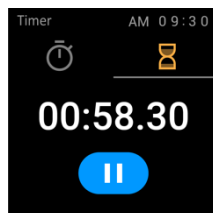


Remote control for the music in your mobile phone. By clicking, you can select between the play/stop, previous or next song and volume. Some mobile phones may have a problem with compatibility depending on their settings and type of player.

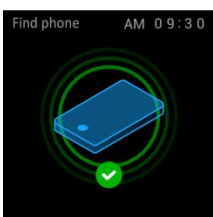
Stopwatch



Timer



Find your phone



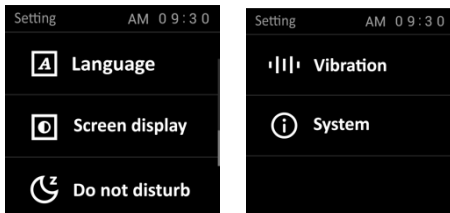
After clicking, it will trigger vibrations/sound on your mobile phone (only if it is within range of the Bluetooth connection with your smart watch).

Relax



It will trigger a breathing exercise to relax. It is possible to select 1 or 2 minutes. Inhale and exhale according to the instructions on the display.

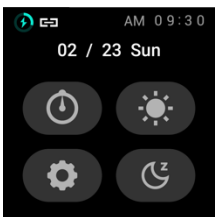
Settings



Change of the language, display settings (dial switch, brightness of the screen, duration of the backlight and duration for which the display is on after your wrist is rotated – this function of turning the display on by rotating your wrist is turned on/off in the mobile application). The Do not disturb regime will turn off all the alerts

about incoming messages and the function of turning the display on by rotating your wrist. Intensity of vibrations: setting the intensity of vibrations or turning them off. System: it will show information about the watch.

Top menu



You can display it by swiping the display from top to bottom. It contains the stopwatch/timer, settings of brightness of the screen, settings icon, and switch of the Do not disturb regime.

Other possible functions must be set in the mobile application in the left menu in the tab “Device” and their functioning depends on the phone settings, but also on the particular version of the watch. These are, for example, alerts about incoming phone calls, SMS, alerts from social networks, turning the display on by rotating your wrist, continuous measuring of your heart rate, remote camera shutter and others.

You can download other dials to your smart watch in the tab “Dial adjustment”. Just click on the dial, synchronize, and wait for download.

Warnings and recommendations

1. To store the measured values, synchronize the watch daily with the phone application. The measured values are reset in the watch during the night.
2. The measured values are for guidance only and they may differ from the values measured on certified medical devices depending on the measuring method and fastening of the watch. The sensor on the back side of the watch must fit close to the arm and the strap must be fastened optimally. If the strap is loose, measurements will be inaccurate.
3. It is necessary to pair the bracelet with a phone to set the correct date and time. Time and date are set automatically.
4. The watch resistance is IP68 – protected against immersion in water (e.g. swimming for up to 30 minutes in the maximum depth of 1.5 m). The watch is not intended for diving and long-term immersion. Do not use in hot (warm) water, during massage showering, in steam etc. Do not manipulate with the watch in water. We recommend taking your watch to water and shower only exceptionally due to the possible damage to charging contacts in case of poor drying. Immediately and thoroughly dry up your watch after its contact with water.

5. I am not receiving any alerts about incoming phone calls or SMS – check, whether the watch is connected with the phone, and whether such alerts are permitted in the phone settings application
6. The watch cannot be paired with my phone – possible solutions:
 - check, whether the watch and the phone are sufficiently charged
 - check, whether Bluetooth and GPS of the phone is on, and whether you have permitted the determination of location/position in the phone settings
 - place the watch close to the phone
 - check the phone system update
 - uninstall the application and install it again
 - restart the phone and turn the watch off and on again
7. The green sensor light is flashing – measurement or data transfer is in progress.
8. We recommend to occasionally restart the watch (turn it off/on) for its proper functioning, reset and update the firmware (the left menu in the mobile application: “Firmware Update”). Also, always update the application to its newest version.
9. Do not charge the watch for more than 2 hours. The capacity and lifetime of the battery is reduced by incorrect charging. In particular, the surrounding environment (e.g. temperature) and the number of enabled functions has the impact on battery life. Enabling some functions may drain the battery within a few hours. Over time, the battery capacity decreases naturally. If you do not use the watch, do not leave it discharged for a long time and recharge it from time to time.
10. Protect the watch from falling and impact. It may cause improper functioning of the watch or it may lead to its permanent malfunction.
11. Contact the manufacturer in case of other questions.

Note: All pictures and descriptions of functions may vary depending on the particular version of the product and application.

Manufacturer: SMARTOMAT s.r.o., 1.máje 97, 460 02 Liberec, Czech Republic