User Manual

Model: ForeFit SB-130

1. Introduction

Specification:
- Display/Wyświetlacz: 0.96'' 160*80
- Standby time/Czas czuwania: up to 15 days / do 15 dni
- Water-proof/Wodoodporność: IP67
- Battery/Akumulator: 90 mAh
- Weight/Waga: 20 g
- Band length/Długość opaski: 240 mm
- Bluetooth: 4.0
- Compatibility/Kompatybilność: Android >/ 4.4 / iOS >/ 8.0

Functions:

- heart rate monitor
- multisport (walk, running, climbing, bicycles)
- pedometer
- distance
- calories
- stopwatch
- camera control
- notifications
- objectives
- alarm clock
- blood pressure and oxygenation
- messages memory
- phone tracking

CHARGING

To charge the bracelet, take it out from the band, and then connect it to any USB port observing the directions of the connectors.

Application
    Download and install "Forever GetActive" application from Google Play or App Store.

Connecting the bracelet with a smartphone

1. Activate Bluetooth in your smartphone.
2. Open the application and create a new profile, and then log in.
3. Enter "Profile" tab and enter your personal data, such as gender, date of birth, height and weight.

4. Then, enter the "Device" tab and click "Search" button. Select "SB-600" model from the list of devices
5. Wait for connection.
6. After connecting, date will be synchronized, and the time and date set in line with the smartphone.

Disconnecting the bracelet from a smartphone

1. Open the application.
2. Select "Disconnect device" in "Device" tab, and then confirm your choice.
3. Enter Bluetooth settings in your smartphone and select forget this device (only for iOS system)

APPLICATION TABS:

DATA:

Information regarding data collected during a selected day, such as: steps, distance, burnt calories, sleep, heartbeat, blood pressure and oxygenation.

ACTIVITY:

This tab allows you to activate measurement of one of four selected sports: walk, running, bicycle, climbing. You may also view the history of collected data by clicking an icon in the upper right corner.

DEVICE:

- Calls: enable or disable notifications regarding incoming calls
- SMS notifications: enable or disable notifications regarding received SMS messages
- Notifications: enable or disable notifications from particular applications
- Alarm clock: Set the time and days on which the alarm clock will be activated
- No activity: Set a remainder about lack of activity
- Remote camera: Click to take a photo using a bracelet
- More:
    - Find the bracelet: click to cause the bracelet vibrations
    - Factory settings: click to restore factory settings
    - Battery power save mode: enable or disable particular functions that may reduce battery consumption
    - Update: manual device software update
    - Automatic pulse measurement: enable or disable automatic measurements
    - Time format: set a 12 or 24-hour time display format

PROFILE:

- My profile: set the profile photo, name, gender, date of birth, weight, height or change password
- Steps objective: set the target number of steps you want to achieve
- Units: select metric or imperial units of measurement
- Google Fit: Enable or disable synchronization with Google Fit
- Help: Information that is helpful in troubleshooting
- Version: Application version

2. Bracelet menu

Press the function button to switch between particular functions. Press and hold the function button to confirm the selected function.

 Current time, date, Bluetooth connection status, battery state (hold the function button to change the main screen)

 Number of steps made in a given day (set correct data in the profile to make the number of steps as precise as possible)
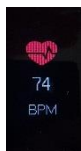
 Distance covered in a given day

 Number of burnt calories in a given day

 Training mode: press and hold the function button to proceed to selection of one of the sports, and then confirm the start.
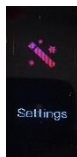
 Pulse measurement

 Blood pressure measurement

 Blood oxygenation measurement

 Recently received notifications

 Settings:

- Stopwatch
- Find the phone
- Bluetooth name
- Turn off
- Reset