

CARNEO

Gear+ CUBE



User manual

EN

download the application

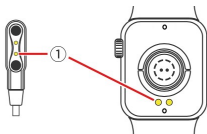
Turn on bluetooth before installing the application. Find the Carneo FIT / Android / Google Play app or the App Store for iOS. You can also scan the QR code below (compatibility: iOS 8 or higher / Android 5.0 or higher)



QR code

Charging watch

As shown in the right figure, let the magnetic cable automatically attach to the charging port (input voltage: 5V, 1A / 5V, 2A)



Magnetic cable

Bluetooth pairing

Open app to set your personal information

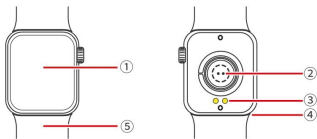
Click "my" "add device" "start search"

"GEAR+C" pairing to bind successfully

Done

Keys and parts overview

- 1)TFT display
 - 2)Optical detection sensor
 - 3)Magnetic charging port
 - 4) Strap slot
 - 5) Strap
- As shown below:



Method of operation

Slide upward to reach
"Notification" interface



Slide left to reach
"function menu"



Slide rightward to enter
"overall functions"






Slide downward to enter
into "Setting" interface



Sport data

Sport data

	22382	Step
	0015.2	KM
	0832.4	Kcal

Click the data icon to enter the sports data interface, to check the data of the current day: steps, distance, calories.

Health monitor



Heart rate monitor

When switching to this interface, the green light at the bottom will brighten to measure. It will be done in about 30-60s. At this time, the monitor is based on PPG technology.



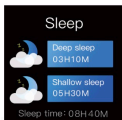
Blood pressure detection

When switching to this BP interface, the green light at the bottom will brighten to measure. It will be done in about 30-60s. The detection here is based on PPG technology.



Blood Oxygen detection

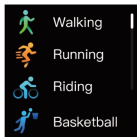
When switching to this Blood oxygen interface, the green light at the bottom will brighten to measure. It will be done in about 30-60s. The detection here is based on PPG technology.



Sleep detection

It shows the quality of your sleep phases from light to deep, and the data is updated everyday. The data can be saved when it's synchronized to the app.

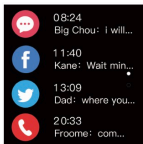
Sports



Multi-sport modes

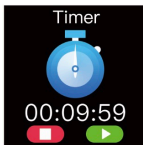
Click "Sports" to check the history records of multi-sport modes.

others



Notification

Notification push- This function is synchronized with your mobile phone. When receiving a message, the watch gets notification to remind you to check it. It can save up to 5 records.



Stopwatch

Timing - Click the "triangle" icon to start timing and diek the "Back" icon to exit.

Setting



Brightness

Go "Setting"to enter "Brightness", and you can adjust the screen brightness through "+" / "-".



Dial switch

Different styles of watch faces (5 types for your options).



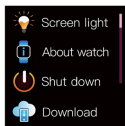
Power ON/ OFF

The watch will turn off when powering off. It will power on automatically upon charging. Itwill also be turned on ifyou long press the power key for 3 seconds.



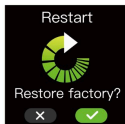
Languages

After watch is connected successfully to the app, it will sync to the same language as phone(if the watch supports this language). And language can also be set manually on the watch.



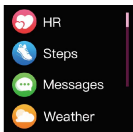
About watch

You can check the MAC address and others info of watch.



Reset After reset deleting all data of the watch.

Menu style



1, List style



2, Smart style

- Please refer to this manual before using to ensure a safe and proper operation.
- The data out of this product is only for health management reference. Please do not use it as medical standard.
- It is IP68 waterproof. It normally survives from hand washing and rain. Do not place it in hot water or perform the key underwater. Meanwhile, it does not support to use for deep sea diving. No exposure to any corrosive liquids in case of damage to the watch.

Parameters

Waterproof: IP68

Sensor: 3-axis G-sensor

Battery: 190mAh

Sync. mode: Bluetooth

Resolution: 240 • 240

Display: 1.4 TFT color screen

Workingtime: about 5-7 day

Working temperature: -10 °C - 50 °C

Package: 1pcs watch, 1pcs charging cable

Compatibility systems: IOS 9.0 or above, Android 5.1 or above