

Note: Please upgrade the software to the latest version on the APP before use. Please charge it for the first time use.

## USER MANUAL

### SMART WATCH

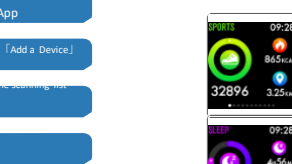
#### Downloading the App

Scan the following QR code, download and install the App.



Scan QR Code and Download

#### Pairing



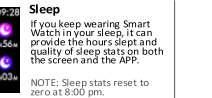
Long press the 「time page」 on your device, go to the detail page. The MAC address on the detail page could help you identify your device on the scanning list.

#### Smart Watch Features



**Sports**  
Smart Watch automatically tracks Steps taken, Calories burned, Distance traveled and displays on the screen.

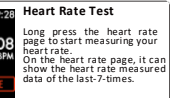
NOTE: Your movement stats reset to zero at midnight.



**Sleep**  
If you keep wearing Smart Watch in your sleep, it can provide the hours slept and quality of sleep stats on both the screen and the APP.

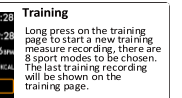
NOTE: Sleep stats reset to zero at 8:00 pm.

#### Smart Watch Features



**Heart Rate Test**

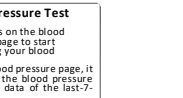
Long press the heart rate page to start measuring your heart rate. On the heart rate page, it can show the heart rate measured data of the last-7-times.



**Training**

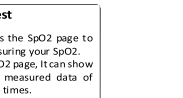
Long press on the training page to start a new training measure recording, there are 8 sport modes to be chosen. The last training recording will be shown on the training page.

#### Smart Watch Features



**Blood Pressure Test**

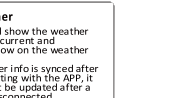
Long press on the blood pressure page to start measuring your blood pressure. On the blood pressure page, it can show the blood pressure measured data of the last-7-times.



**SpO2 Test**

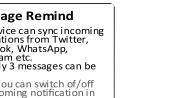
Long press the SpO2 page to start measuring your SpO2. On the SpO2 page, It can show the SpO2 measured data of the last-7- times.

#### Smart Watch Features



**Weather**

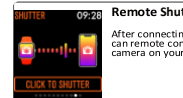
It could show the weather info of current and tomorrow on the weather page. Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.



**Message Remind**

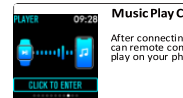
The device can sync incoming notifications from Twitter, Facebook, WhatsApp, Instagram etc. Recently 3 messages can be stored. Note: You can switch of/off the incoming notification in the APP.

#### Smart Watch Features



**Remote Shutter**

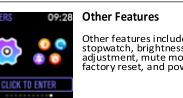
After connecting the device can remote control the camera on your phone.



**Music Play Control**

After connecting the device can remote control the music play on your phone.

#### Smart Watch Features



**Other Features**

Other features include stopwatch, brightness adjustment, mute mode, factory reset, and power off.



**Stop Watch**

Long press on the stopwatch page to start timing, and long press again to stop timing.

#### Smart Watch Features



**Silent Alarms**

Set up the alarm on the APP, the device will vibrate to remind on time.



**Remind to Move**

The device will vibrate to remind you to make a relax after 1 hour sitting. Note: You can switch on/off the feature in the APP.

#### Getting to Know Your Device

##### 1.Using in Wet Conditions

Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout. NOTE: Do not swim with your Smart Watch. We also don't recommend showering with your wristband; though the water won't hurt the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your bracelet wet, dry it thoroughly before putting it back on.

##### 2.Using the Touch Button

Single tap the Touching Area under the main screen to wake up the device and switch to other functional pages. Long press the Touching Area to enter for more functions which is needed.

##### 3.Using Quick View

With Quick View you can check the time or the message form your phone on your Smart Watch without taping. Just turn your wrist towards you and the time screen will appear for a few seconds.